



2970 Kohler Rd. • Varysburg, NY 14167 • 585.535.7832 • CampHickoryHill.org

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**Dear Mighty Men High Peaks Camper and Parent,**

We look forward to seeing your child at camp this summer! This letter contains necessary information for summer camp. Please note that drop-off on Sunday is at 1:00 pm. Pick up is estimated to be at 5:00 on Friday, but is subject to change based on travel time. The leaders will be in communication with parents throughout the day Friday to confirm times.

**Your registration is not fully complete until you submit the following forms:**

1. Camper Health Form. Page 1 is to be completed by the parent/guardian, and pages 2-3 are to be completed by the camper's doctor. Once both sections are completed, please upload the completed form to your online account. Instructions are included on the cover page. Please submit this form at least 2 weeks prior to your arrival at camp and bring the original with you to camp. Please note that you must use our health form, not an alternative form.
2. Parent's Questionnaire. This form is completed electronically through your online account. Click the link in your confirmation email to access and complete the form.

**Luggage & Packing for Base Camp**

**IMPORTANT:** All Medications must be in their original bottles (prescription or over the counter) with proper labels, and given to the camp staff during check-in. No medications may be kept on the camper except as authorized on the doctor's portion of the camper health form.

Please mark the camper's full name on the tag of all pieces of clothing, and on personal belongings.

Please see the reverse side for a packing list for the High Peaks Trip.

If you have any questions about registration, payments, or other issues, please contact us at [info@camphickoryhill.org](mailto:info@camphickoryhill.org) or call (585) 535-7832.

Sincerely,  
The Camp Hickory Hill team

## PACKING LIST FOR HIGH PEAKS TRIP

### Necessary:

- 40 Liter DRY BAG or a couple heavy duty trash bags  
GEAR YOU WANT TO STAY DRY GOES IN THE 40 LITER DRY BAG
- Your own LARGE backpack (we have some at camp you can borrow)  
\*\*It should be large enough to hold all your gear in the 40 Liter dry bag AND still have room to carry extra group gear and food\*\*
- Hiking Shoes (These are your shoes for the trail. NOT sneakers. NOT brand new, never worn)
- Sandals or Water Shoes (These are your Wet shoes for when we wade/swim/bathe)
- Sleeping bag or Hammock Top Quilt & Under Quilt
- Sleeping pad (ONLY if you are sleeping on the ground)
- Rain gear (rain jacket or a lightweight poncho)
- Headlamp & extra batteries
- Insect Repellant
- Sunscreen & Hat
- Toothbrush and Toothpaste
- Biodegradable Camp Soap & Shampoo
- SMALL Bible in a Ziploc Bag
- Notepad and pen/pencil in a Ziploc Bag
- Eating utensils (Spoon, bowl, metal cup)
- Light jacket or fleece (It may get cooler at night.)
- Wool or wool blend socks (Bring at least three pair. NO COTTON)
- Underwear (One to wear, one to spare.)
- T-shirt (Synthetic shirts dry quickly. Spare T-shirts are up to you. You're carrying them.)
- Zip Off Pants (Synthetic is best. Even athletic warm-up pants will do better than jeans.)
- NO JEANS - they are heavy, hot & take forever to dry if they get wet)
- Shorts (If you have convertible pants with zip off legs you can skip shorts.)
- Swim Trunks
- Backpacking Towel
- Water bottle or Hydration bladder (Camelback)

### Optional:

- Camera
- Sunglasses
- **Small** pocket knife or multi-tool (NO SHEATH KNIVES)
- Extra batteries (For flashlight or camera)

### Please DO NOT Bring:

Cell phones, video games, Knives / weapons, tobacco, alcohol, valuables that could get lost, or any medication that is not in its original bottle and/or not listed on the camper's health form.