

# KINGSWOOD DAY CAMP

## WEEK 4

### Important:

Please call or email the KDC Office if you know your camper will be absent or late for any reason.

**Call:** (248) 645-3674  
Option #4



**Email:** [kwoodgirlsdaycamp@cranbrook.edu](mailto:kwoodgirlsdaycamp@cranbrook.edu)

### WELCOME TO KINGSWOOD!

This week we added 2 new outdoor activities to the schedule! These activities included volleyball and "Outdoor Team Building" where campers worked together while playing corn hole, giant Jenga and disc golf! These activities added to our rotating schedule of archery, canoeing on Kingswood Lake, drama, swim, tennis and more.

Special events will occur each Friday, and may include dress up days, sports tournaments, talent shows, water days and more. This week our special event was the Talent Show and Mismatch Day. Be sure to check out the upcoming special day for this upcoming week!

Our Groups are always encouraged to explore Cranbrook's historic campus and natural beauty during nature walks and outdoor exploration. Ask your camper what their group did and what their favorite activity was!

### Reminders:



- Your camper needs to wear closed toed shoes everyday.
- Please make sure your child is in their bathing suit on the day they swim. Label all clothing and remember to pack a separate bag for swim wear.
- Don't forget a water bottle!
- No stuffed animals or special items! Please keep them at home for their safety and security.

# DATE'S TO REMEMBER



## FUNKY FRIDAY!

FRIDAY, JULY 16TH:  
NEON DAY



## ESCAPE ROOM

FRIDAY, JULY 16TH

## Tie-Dye Week 5



During the week of July 19th, we will be Tie-Dyeing! Your camper will need to bring the following:

- 100% Cotton, white t-shirt, socks, or other small clothing item
- Plastic grocery bag for storage/travel



# DROP-OFF & PICK-UP

## Morning Drop-Off

Drop-off is between 8:45AM - 9:00AM

- All campers must remain in vehicles until counselors are outside no earlier than 8:45 AM to ensure everyone's safety
- Campers are not to exit vehicles and enter Kingswood unattended before 8:45 am
- If you are dropping your child earlier, they will be taken to extended care and your account may be charged

## Afternoon Pick-Up

Pick-Up: 2:50 pm

- All drivers on your campers' "Authorized to Pick-Up" list MUST have an "Authorized to Pick-Up" form in their passenger window
  - Form must contain child's full name and group number to help get your camper to you quickly
- The "Authorized to Pick-Up" form is located in the Document Center online
- Those not on your "Authorized to Pick-Up" list will have their photo ID checked
- Please stay in your car at the curb during pick-up while counselors bring your child to you
- If you plan to pick your child up early, you MUST call or email the office

## Rain-Day Reminders

If it is raining during the morning drop-off or afternoon pick-up, please proceed down the loop where the counselors are standing under the covered area.



# SWIM SCHEDULE

A graphic with a blue background and white waves at the top. It features five orange stars, each containing text for a day of the week and the groups assigned to that day. The stars are arranged in two rows: Monday, Wednesday, and Friday in the top row; Tuesday and Thursday in the bottom row. Between the stars are illustrations of a yellow fish, a blue fish, a seahorse, and green seaweed.

**MONDAY**  
GROUPS  
1 & 2

**TUESDAY**  
GROUPS  
3 & 4

**WEDNESDAY**  
GROUPS  
5 & 6

**THURSDAY**  
GROUPS  
7 & 8

**FRIDAY**  
GROUPS  
9 & 10

## Counselor Spotlight

Hi! My name is Jackie and I am the counselor for Group 7, Redwood. I am so excited to be a counselor for a third summer here at Kingswood! One of my favorite things about camp is the lifelong friendships I make with my fellow staff. I love encouraging and watching my campers create friendships with each other. I love participating in activities with the campers and seeing the joy trying new things can bring them. The girls always inspire me with their confidence, kindness, and eagerness to learn.



Hi everyone! My name is Macy and I am the counselor for Group 1, Oak. I am a junior at Central Michigan University studying elementary education. This is my first year being a counselor at Kingswood and I have loved every minute of it! The connections that I have made with the campers make my job so fun and very special to me. It is so nice to meet all of you, and I am so excited to see what the rest of this summer brings!





# WEEK 3 HIGHLIGHTS

Please take some time to read about the activities the campers have done this week and what is to come!

## Archery

An orange silhouette of a target with three concentric circles and a crosshair in the center, with an arrow hitting the bullseye.

This week in archery, we have been going over all of the safety rules. Everyone did a great job with listening to safety instructions and with archery and shooting. Next week, we will continue to work on improving our aim and abilities through a game! The girls had a great time in archery this week! -**Olivia**

## Tennis

An orange silhouette of a tennis player in a ready stance, holding a tennis racket and looking up at a ball in the air.

This week at tennis, the campers worked on forehand and backhand. They also played "Queen of the Court" where they had to hit the tennis ball in a certain spot on the court. If they got it in the right spot they were able to advance and have an opportunity to become "Queen of the Court!"

## Science & Nature

An orange silhouette of a flower with five petals and a central stem with leaves.

This week in science, the campers learned about the food chain by playing an animal tag game called "Predator and Prey." They also did a reaction experiment using baking soda and vinegar. All the girls loved watching the reaction fizz up and out of their cups! Next week, the campers will participate in a forensic science fingerprint activity and will build their own nature terrariums outside! -**Dakota**

# WEEK 3 HIGHLIGHTS CONT.



## Canoe

Campers continued to practice basic canoe techniques such as a backward and forward stroke and working together as a team to maneuver the canoe. When not practicing canoe, campers enjoyed an engaging game of "Capture the Flag" on the beautiful Kingswood campus. Next week, as long as the rain holds off, I look forward to getting back into the water to continue canoe basics and even a game of Canoe Tag! -Geoffrey



## Sports

This week in sports, we did fitness stations and relay races. We learned the differences between upper and lower body workouts along with core workouts. Campers were encouraged to do these exercises at home as well. We also did relay races with different sports like soccer and basketball. The relay races helped to create a team environment within the groups to hopefully carry over into next week when we do small team games like kickball, soccer, basketball, and volleyball! -Riley



## Yoga

Yoga this week was all about mindfulness and meditation. The campers went through a sequence of poses which included sun salutation, airplane pose, boat pose, and camel pose. Ask your camper which pose was their favorite! Before leaving each day the girls say daily affirmations of positivity. Next week, the campers will engage in a deeper form of self peace and mindfulness! -Kayla



# WEEK 3 HIGHLIGHTS CONT.



The campers have had so much fun these past few weeks learning musical symbols such as whole rests, half rests, and the different kinds of music notes. They also engaged in a fun game of musical themed Jeopardy. Next week, I am looking forward to playing Tempo Charades, where the campers will have tempos and examples of animals that match the description that they have to act out! I am also looking forward to Musical Beachball, where the campers will have to answer a music question written on the beachball! **-Sara**



We had a fantastic week in drama! Campers continued their work on movement with more of an emphasis on working as a team and ensemble. They are coming up with amazing and creative ideas, while still remaining good sports, friends, leaders, and teammates! Next week we will continue work on improvisation. Getting to know your campers has been such a wonderful experience! **-Ava**



This week was choreography week in dance class! The campers enjoyed learning ballet pantomime. After learning about what ballet pantomime is, they were able to try it themselves where they created their own stories using emotion and expression. They also learned all about creating their own movement when dancing. Next week the campers will learn about jazz! **-Grace**

# WEEK 3 HIGHLIGHTS CONT.



This past week in art the campers made a few different projects. They made dream catchers by weaving yarn through a paper plate to keep out their bad dreams at night. They also made keychains for their backpacks from colorful beads. The younger campers also had a drawing day where they learned to draw a few different animals. The older campers made zentangle landscapes where they filled in hills, mountains, or the ocean with different designs and water colored the background. Next week the campers will be making clay creations from air-dry clay! They will have a second day to paint and decorate their creations however they wish! **-Rochelle**



## "Bump, Set, Spike!"

This week the campers went outside and played Volleyball! The campers had fun playing games with their group and against the other campers! The girls were able to practice their skills and techniques they have learned in sports and put it to test in a real game!



On Friday the campers were given the chance to showcase their talents to their fellow campers and counselors during our Talent Show! Talents included dancing, joke telling, singing, hula hooping, acting, magic, playing music, and so much more. We loved seeing the girls team up together and show their talents! We can't believe how talented our campers are!



# KDC SAMPLE DAILY SCHEDULE

Please take some time to look over the sample daily schedule of camp activities!

	Monday	Tuesday
9:00 - 9:15	Announcements	Announcements
9:20 - 10:30	Archery	Swim
10:35 - 10:50	Morning Snack	Morning Snack
10:55 - 11:35	Drama	Dance
11:45-12:15	Lunch	Lunch
12:20-1:00	Nature	Volleyball
1:05-1:45	Sports	Yoga
1:45 - 1:55	Afternoon Snack	Afternoon Snack
1:55 - 2:40	Canoe	Outdoor Act.
2:45-3:00	Dismissal	Dismissal