CAMP SHAMINEAU

MOTHER & SON ISLAND WEEKEND

We can't wait to welcome you to Camp Shamineau's Mother Son Island Camp—a weekend full of unplugging, connecting, and growing in your relationship with each other and with God. Here's everything you need to know as you prepare for your adventure!

The weekend kicks off Friday night!

Island Location & Transportation

- The camp takes place on Camp Shamineau's 22-acre Island on Lake Shamineau.
- You'll take a pontoon shuttle out to the Island on Friday evening and return to the mainland on Sunday around 10:30 AM.

Check-in at 6:00 PM. <u>We will shuttle to the Island at 6:30 PM.</u>
Dinner is not served on Friday night, please eat before arrival.

If you're arriving after 6:30 PM on Friday, please call us at 218-575-2240 to make arrangements.

Lodging, Meals, & Open Recreation

- The Island has 5 screened-in cabins, each with 5 sets of bunks (sleeps 10) and wood floors.
- There is no indoor plumbing on the island, you'll be using outhouses.
- No electricity in the cabins—bring a flashlight!
- The Island Lodge has electricity for minimal charging and there is cell service, though limited.

Moms and sons will NOT be housed in the same cabins. Sons will have a counselor in their cabin and will be housed with other boys their age. Moms will be housed with other moms.

Meals

- All meals will be prepared over an open fire with your participation—it's all part of the experience!

Get ready for outdoor adventures like fishing, archery, swimming, canoeing, campfire cooking, shelter building, and simply enjoying God's creation.

Dietary Restrictions

We do offer some food options for those with dietary restrictions. To view our dietary statement please go to our website www.shamineau.org. and proceed to the "Forms and Information" section. For specific questions email foodservice@shamineau.org.

FIND OUT MORE

Insurance Coverage

Camp Shamineau carries excess medical coverage. This means that any medical bill resulting from injury to a camper must first be submitted to the patient's health carrier. Illness treated at camp must be covered by the patient. Hospitals are available in Staples, Little Falls, and Brainerd for emergencies. On our staff we have a number of First Responders and EMT's.

Packing List

if you think you need additional items, bring them!

- Sleeping bag or bedding for twin sized bunk
- Flashlight
- Fishing gear (we do not have bait)
- Bible and notebook
- Money for the gift shop and snack shop
- Soap! Clean up is a jump in the lake
- Bug Spray
- Towels
- Clothing
- Swimsuits

LOST AND FOUND – we keep lost and found articles for 2 weeks after the event. Contact us ASAP for retrieval.

WHAT NOT TO BRING:

- Firearms/weapons
- Fireworks
- Drones
- Alcohol
- Pets
- Motorized vehicles

Do not bring nice clothes!
Island living gets very dirty!

218-575-2240 | Shamineau@shamineau.org
2345 Ridge Rd. Motley MN 56466
WWW.SHAMINEAU.ORG