

# Welcome to the Girl Scout camping experience.



We are excited to have your camper join us for a summer adventure! Family Day at Overnight Camp is a great introduction to our camp programs and allows you and your girl scout to explore all our camps have to offer!

Please read through this packet as it contains essential information for you and your camper. Our Girl Scout overnight camps are the perfect place for your girl to develop new skills and build self-confidence in a safe, fun environment. Many campers come to overnight camp because they want to have fun, but they leave with so much more!

If you or your camper has any questions, please do not hesitate to contact us via email at [answers@girlscoutsosw.org](mailto:answers@girlscoutsosw.org).

## Time

Family Day runs 10 a.m. – 4 p.m. Please arrive on time so we can start activities right at 10!

## General Packing List

- Dress in layers
- Sturdy shoes
- Small backpack/ day pack
- Water bottle
- Swim suit
- Towel
- Water shoes (optional)
- Camera (optional)

## Meals at Family and Troop Camp

Campers will enjoy a family style lunch served in the dining hall. Meals are carefully planned to ensure generous amounts of healthy and nutritious options. Campers' appetites, likes and dislikes are taken into account when planning meals. Nutritional value and inclusion of the food groups are also considered when putting together menus for the summer.

Food is readily available all day for any camper who wants a snack, as we know how much energy is spent having fun!

### **Special Dietary Needs and Food Allergies**

Most dietary needs can be accommodated (vegetarian, lactose-intolerant, gluten free, etc.). Special diets may require the participant to bring some of their own food to supplement the meals provided by camp. Although we cannot guarantee a peanut free, nut free environment, we can ensure that a camper's meal is peanut free.

If your camper has any specific dietary restrictions or needs, please put them on the Camper Health History/ Release form.

## Additional Special Needs

Please contact the outdoor program manager for campers requiring special health care or with mobility limitations. Together, you and the outdoor program manager can discuss the nature of your camper's needs and gather additional information to determine if the camp can provide the proper support, supervision and necessary accommodation for your camper to have a safe, fulfilling camp experience. Your camper needs to feel comfortable in the following camper to counselor ratios:

- Grades K and 1 - 6:1
- Grades 2 and 3 - 12:1
- Grades 4 and above - 16:1

We are dedicated to serving ALL girls in our council, and accommodation can be made in many cases. Please contact the outdoor program manager at [overnightcamp@girlscoutsosw.org](mailto:overnightcamp@girlscoutsosw.org) if you would like to speak about accommodation.

## Program Session Information

Family Day is a great way to try all that camp has to offer! It is a jam packed day where camp staff will lead:

- Swimming
- Boating
- Crafts
- Singing
- Archery (grades 4 and above)
- Rock climbing (Camp Arrowhead only and grades 4 and above)

## Modifications and Changes

For a variety of reasons, although rare, Girl Scouts must occasionally cancel a camp session. If this occurs, you can expect the entire camp fee (including the deposit) to be refunded or an alternative camp session to be found. Other times, certain activities described in the camp brochure must be suspended or changed due to circumstances beyond our control, such as inclement weather or safety considerations. In these situations, we try to adapt by offering equally valuable alternative programs. Under circumstances of this type, refunds should not be expected.

## Directions

### Directions to Camp Arrowhead

Please do not rely solely on Google Maps/Apple Maps or GPS as they can be inaccurate.

**Camp office:** (509) 427-5229 (only in operation mid-June through August)

**Camp address:** 631 Arrowhead Road, Stevenson, WA 98648

#### From Portland:

- Travel east on I-84. Cross the Bridge of the Gods toll bridge (\$2 toll charge. Subject to change) at Cascade Locks.
- At the stop sign from the bridge turn right and continue east on Washington E-14.
- Pass through Stevenson and Home Valley. It is 11 miles (1/4 mile past milepost 52) from Bridge of the Gods to Bergen Road.
- Turn left on Bergen Road. Do not turn at Berge Road or Wind Mountain Road.
- At the fork in the road, stay left on Girl Scout Road and proceed to the end of the road.
- Entrance to the camp is about one (1) mile beyond the fork. Turn right at the entrance to the camp.

#### From Vancouver:

- Go east on Hwy 14. Pass through Stevenson and Home Valley.
- It is 11 miles (1/4 mile past milepost 52) from Bridge of the Gods to Bergen Road.
- Turn left on Bergen Road. Do not turn at Berge Road or Wind Mountain Road.
- At the fork in the road, stay left on Girl Scout Road and proceed to the end of the road.

- Entrance to the camp is about one (1) mile beyond the fork. Turn right at the entrance to the camp.

### **Directions to Camp Cleawox**

Please do not rely solely on Google Maps/ Apple Maps or GPS as they can be inaccurate.

**Camp office:** (541) 997-5386 (only in operation Mid-June through August)

**Camp address:** 04595 Mitchell Loop Road, Florence, OR 97439

#### **From Florence:**

- Go south on Hwy. 101.
- Turn right (west) after one (1) mile onto Mitchell Loop Road (as the highway narrows from 4 to 2 lanes). Please note the speed limit of 20 MPH. Please respect our camp neighbors by following the speed limit.
- Follow this road approximately one (1) mile into the camp parking lot.

#### **From Reedsport:**

- Go north on Hwy. 101.
- Turn left (west) about ½ miles north of Honeyman State park, onto Mitchell Loop Road (as the highway expands from 2 to 4 lanes). Please note the speed limit of 20 MPH. Please respect our camp neighbors by following the speed limit.
- Follow this road approximately one (1) mile into the camp parking lot.