

Welcome

Introduction

"I've come to appreciate the opportunity to slow down when the chance is presented."



Gillian Rosenzweig-Stein Auxiliary Program Manager Summer Camp Manager

Welcome to Session 06!

As we finish up Session 06, I realized how fast summer flies by. One moment, we're getting set up and awaiting the arrival of campers, the next minute, we more than halfway through the summer. I'm grateful for all the people who help make these weeks possible.

This week in particular, I've come to appreciate the opportunity to slow down when the chance is presented. There is often so much anticipation for what is next to come. With back-to- school sales and advertisements becoming ever more present, summer feels like it's taking its last gasp.

Though I could do with a few less heat advisories and days below 95 degrees, I'm not ready for pumpkin spice latte season yet.



Little Explorers (Jungle Jam) Led By: Brenda Alvarado Assisted by: Nicholas Lugo

Little animal lovers went on safari this week, learning about zebras, giraffes, lions, and elephants.

They even help to take care of our guinea fowl this week!



Puppy Love Led By: Maddie Snyder and Samantha McKay

Assisted by: Megan Kellenberger

From adopting a stuffed animal and pet beds to making dog treats, pet toys, and furry, feathery, and scaly visitors, these animal lovers learned all about the care and keeping of pets.



Artist Studios Led By: Franny Ashcraft Assisted by: Tyler Washington

Artists made art from unexpected materials this week, including egg cartons, duct tape, and balloons.

Exploring art has never been more unexpected!



Storybook Characters Led By: Lauren Hill

Readers explored a different author each day, reading stories from Eric Carle, Mo Willems, and more and creating fun crafts to go with each story.



The Science of Food Led By: Taylor Washington

Young scientists this week learned all about how our body uses food to help us grow and build our muscles. They explored the digestion, muscles, bones, and how to choose and eat healthy foods.



Sewing & Fiber Arts Led By: Keely Kozak Assisted by: Sandra Haw

Designers this week made a plethora of goods. From pillow making to sewing skirts, campers dived in to becoming creative designers



Sports and Agility Led By: Crystal Shay Robinson

Athletes used sports to practice running, jumping, dodging, leaping, and twisting to become faster, stronger, and more nimble.

This week was all above moving!



Wilderness Skills & Archery Led By: Alex Andrews Assisted by: Jared McCord

Explorers set off into the woods this last week of Wilderness skills. They went on nature walks and learned how to make a fire!



Improv and Karaoke Led By: Daniela Rivadeneira

Performers showed off their vocal talent with karaoke and practiced thinking quickly to support their scene partners improvised skits.

This camp was all about leaning into their imagination and sense of fun.



Archery & Wilderness Skills Led By: Mark Evans Assisted by: Ani Arzoumanian

Archers took their stance as they aimed for fame. They developed their accuracy and speed this final week of archery.



Reuel navigates a homemade obstacle course.









Homemade Pet Toys

If you have a pet, you know how important it is to keep them entertained with play and toys. Try making these simple homemade chew toys for dogs.

You will need a **tennis ball** and three long strips cut from an **old t-shirt**.

With adult help, cut a hole in two sides of the tennis ball. Thread the t-shirt strips through the holes, then braid them tightly and tie off the braid. You now have a toy perfect for chewing, throwing, or tug of war!







Left: The finished dog toys

Top: Amira figures out how to braid her t-shirt strips

Above: Martelise threads her fabric through the tennis ball

Make a Working Arm Model

Ever wonder how the arm flexes? Well, in this week of science of food they created an easy to make arm model, and you can make it too.

All you need to start is an empty egg cartoon, tape and a pipe cleaner.

Wedge the pipe cleaner between the middle of your egg cartoon and tape it down on one end.

Now pull from the other end and you're all done! You can flex your new arm away.



A flexing arm model made from egg cartons



An arm model made from plastic tennis ball cans

Make a Pillow

One method our sewists used didn't even involve sewing at all! Just cut two squares of fleece and cut a fringe all around the edge.

This week campers made soft and fluffy pillows using all kinds of techniques. In fact, they chose to make more pillows than any other craft!

They made them with sewing machines, fastened them with handsewing, and even used some some methods that didn't require sewing at all!



Next, begin tying your together the fringe from your top half and your bottom half. Leave open one side.



Fill up your pillow pouch with a fluffy filling. When it's nice and full and firm, tie up the fringe on the last side of your pillow.







CAMPERS SAY...

pigeon is SO silly!



EDIEThe silly pigeon books were my favorite to read because the



JOEY
We built robot arms to show how
the muscles and benes in the body

the muscles and bones in the body work. The arms actually flexed!



SARAI

The best part was making playdough and pretending it was dog doo, because it was funny!



RYE

My favorite thing to do was play dodgeball. But I think maybe it should be called "hitball" instead. That makes more sense.

...THE BEST THINGS



LINNY

My favorite part of this week was making a bag and putting a lot of stuff in it.

I used colorful duct tape, and put my favorite colors red and purple on it!



ANNELIE

I like that we got to make a tote bag and work with new materials. I'm going to use mine to carry art supplies!





Additional thanks to:

Romeo Garcia (Administrative Assistant)
Sheldon Henry (Director of Technology)
Carol MacAdam (School Librarian)
Ramiro Pecher (Facilities Manager)
Irma Guillén (Custodian)
Jasmine Vaughn (School Nurse)













Our Support Staff this week:

- Samantha McKay
- Pat Clark
- Ethan Clarkewallis
- Lottie PK
- Jaya Sullivan









Nurturing
lifelong learners,
courageous risktakers, and
joyous
peacemakers.

OPEN HOUSES:

October through January





Accepting applications in select grades for 2023-24.

Application available in September for 2024-25.

FCS FRIENDS COMMUNITY SCHOOL

Quaker Progressive Education for Grades K - 8 www.friendscommunityschool.org



WELCOME FCS SUMMER CAMP

SEEW TXEIN UOYEER

FOR SESSION 07



Click here for a video slideshow!