



CAROL JOY HOLLING CAMP

Everything You Need to Know

PLEASE READ THIS CAMPER INFORMATION CAREFULLY TO HELP YOU PREPARE FOR CAMP...EACH YEAR THINGS CHANGE A BIT! And, please keep this as a helpful reference.

Included in this packet:

- 1) The invoice of your camper fees and payments.
- 2) A transportation form to be completed if a camper will be leaving with someone other than their parent/legal guardian.
- 3) Specific information to help prepare for a successful camp experience.

Be sure your name is on EVERYTHING!

What to Bring

- Bible with your name in it
- Heavy sleeping bag or bedding
- Pillow with old pillow case
- Laundry bag
- T-shirts, casual shirts (no tobacco, alcohol or drug ads, no inappropriate language, no halter tops or spaghetti straps)
- Shorts or cut-offs, modest
- Jeans (required for riding horses at Tipi or Ranch)
- Underwear and socks (both are required)
- Pajamas or something to sleep in
- Swimsuit (one piece preferred), oil free sunscreen and beach towel
- 2 pairs of old shoes (sandals, slip-ons, "Birkenstocks," Crocs or flip-flops are not allowed)
- Grubby clothes & shoes for mud activities
- Jacket and rain gear
- Hat for sun protection (A MUST)
- Bath towels and soap
- Comb/brush
- Toothbrush and toothpaste
- Other personal gear (glasses, shampoo, etc.)
- Insect repellent with 15-30% DEET suggested
- Flashlight and extra batteries

OPTIONAL: Sweat pants/sweatshirt; fishing gear; camera & supplies; journal/addresses/stamps; a stuffed animal; boots with 1/2 inch heel for riding, **if** you are at Tipi or Ranch; shower shoes, rainboots. NLOM is not responsible to damages of personal sports equipment.

Sjogren & Swanson Center Campers:

NOTE: If you are staying at the Sjogren or Swanson Retreat Centers you do NOT need to bring bedding; you DO need to bring swim & bath towels.

Please do not bring expensive jewelry, sunglasses or clothing.

NOT ALLOWED AT CAMP

- Cell phones/iPhones
- Electronic equipment such as radios, CD players, games, iPods, mp3 players, iPads and laptop computers
- Food, candy, pop
- Make-up

"Not Allowed" items will be held by staff and returned at the end of the week. NLOM reserves the right to search personal belongings, with the camper present, if we believe items not allowed have been brought to camp. Illegal drugs, tobacco, alcohol, knives, firearms, fireworks or anything that might be perceived as a weapon are not tolerated at camp. NLOM may ask any person found with these items to leave camp. Parents are responsible for coming to get any child being sent home with no compensation or refund.

Camper Drop Off and Pick Up

Arrival:
Check-in from 3-4:30 p.m.
Follow the signs to check-in location

Departure:
2 p.m. Closing Worship with families
3 p.m. Sign out campers at their site

Arriving at camp

Check-in time for all sessions is 3 - 4:30 p.m. Check-in will begin promptly at 3 p.m., but not earlier, as staff need time to get prepared for campers. Programming on each site begins promptly at 4:30, so if you will be arriving late, please call to let us know your estimated time of arrival.

All campers will check in at Town Hall (follow the signs when you arrive at camp.) **except those who will be staying in the Sjogren or Swanson Retreat Centers. They will check in at the Retreat Center.** Do not unpack your car until you are checked in and on your site.

Upon arrival, campers will deposit their spending money in the "Camp Bank," check in with the Health Care staff and turn in all medications.

From there you will be directed to your camper's site, where staff will be on hand to help unload gear and get campers settled. After meeting the counselor, parents are asked to give their child a brief and encouraging good-bye.

Parent Communicators

Recognizing that leaving your children anywhere for any amount of time can be difficult and worrisome, we want to make this experience as anxiety and worry-free as possible for you.

First, know that your child's safety and well-being is always our first priority. Receiving a near perfect score on the American Camping Association accreditation, we are confident in the safety procedures, practices and systems that we have in place.

Second, know that we take seriously our role in your child's faith life. We are grateful that you have allowed us to be a part of your family through this experience.

Finally, we want to provide some insights into your child's week. We will have two Summer Ministry Team members dedicated to giving parents a daily glimpse at what your child is doing at Carol Joy Holling Camp. These staff members will put daily photos and video online at www.caroljoyholling.org. Just click the "Today at CJH" link and enjoy! They will also be sending daily e-mails to you. They'll share the daily Bible study themes, site-specific information and links to online pics and video and more. **When you check in on Sunday, be sure that we have your accurate e-mail address.**

Camper E-mail

You may send your child e-mail. It must be received by 9 a.m. for delivery that day. Our printer is a simple black and white- **no fancy art or lengthy forwardings, please.** Mail **MUST** be addressed to: camper@nlom.org and **in the "subject" field be sure to put your child's first and last name AND site (TrailHead or Ranch or...).** Example: Joe Smith - Ranch

Due to the number of campers each week and the availability of computer equipment, campers will not be able to reply to e-mail while at camp.

Camp Store and Bank...

Campers will have an opportunity to go to the Camp Store during the week. Camp Store carries items such as disposable cameras, batteries, camp souvenirs, stationery, stamps, etc. We do not sell pop or candy during the week.

Anyone with money for the Camp Store will open a Camp Bank account at check-in. Purchases will be deducted from the account and the balance refunded on the last day of the camp session. The store will also be open on the last day of the session.

Lost and Found...

We have LOTS of campers each week, and personal gear can get mixed up. **Be sure to mark all items brought to camp.** Campers should also help with the packing, so they know what they brought with them.

Lost and found will be kept for two weeks; unclaimed items are donated to charity. Please contact camp immediately if you discover something was left behind.

Roommate Requests...

Campers may request to be housed with one friend within their same age group. If you did not indicate a request on your registration and wish to add a request, call us at 402-944-2544, 8-5 Monday-Friday. Housing assignments will be made one week prior to the start of the session. We do not guarantee roommate requests, but we do our best to make them work.

Camper Mail

Campers love getting mail! Please keep your messages positive and upbeat. Your camper may get homesick; but we are confident that through our supportive staff and abundant activities they will have an enjoyable experience. Do not send packages containing gum, candy or food. Any such items will be held for the camper to pick up on closing day.

When you address camper mail, **BE SURE TO INCLUDE THE CAMPER'S FIRST AND LAST NAME AND SITE** (TrailHead, Ranch, Tipi, Springs, Whispering Winds or Sjogren Center) followed by the camp address. To assist younger campers you may send them to camp with pre-addressed envelopes for letters home.

EXAMPLE:



We have an in-camp mail box available when you bring your child to camp. You can leave mail and it will be delivered on Monday (or whatever day you indicate on the mail). You don't need postage on in-camp mail.

Medications

American Camp Association Standards require all prescription and non-prescription medications to be kept locked and dispensed only under the specific directions of a licensed physician. All medications for youth and adults must be in the original container with the physician's name on it. The directions/dosage on the container is what we are required to follow. All medications must be turned in to Health Care staff at check-in. The only exceptions are medications for life-threatening conditions, which may be carried by the camper after a discussion with our Health Care staff.

Leaving Early

Interruptions to a camper's week such as leaving camp for summer sporting events, etc. make it difficult for campers to fully experience the benefits of their time at camp. CJH strongly encourages campers to schedule other summer activities around their time at camp so that they do not need to leave camp during their session. If it does become necessary to leave camp early, we require an early release form to be signed by the parent or guardian. To request the necessary form please contact Mary at 402-944-2544.

Join Us Online!

Be sure to join us online for regular updates and to communicate with other parents.

On Facebook:

Be sure to "Like" the "Carol Joy Holling Camp, Conference & Retreat Center" page and watch for updates and special offers!

Use your status update to point your friends to our site to see pictures and video of your child at camp.

www.caroljoyholling.org:

Check out daily photos and videos at www.caroljoyholling.org. Just click the "Daily Photos" link.

On your blog:

Do you blog? If so, please share your and your camper's experience. Let us know - we'd love to read what you have to say!

End of Camp

Each session ends with a closing worship service at 2 p.m. Families and friends are invited to this service. We will be done around 2:30 p.m., at which time you can go with your camper to their site to get their gear and sign out with the Site Coordinator. All campers are to be picked up by 3:00 p.m.



Carol Joy Holling
Camp 2016

27416 Ranch Road • Ashland, NE 68003-3518
402-944-2544 • www.caroljoyholling.org



In case of...

...Illness or Accident:

Health care staff are on duty at camp 24 hours a day. Records of all medications and first aid treatment are filed with the health care staff daily.

If there is an emergency or serious illness, parents will be notified by camp staff. We normally use Lakeside, Ashland Clinic, LinCare, Lincoln Family Medical Group, St. Elizabeth Regional Health Center and Midlands Hospital.

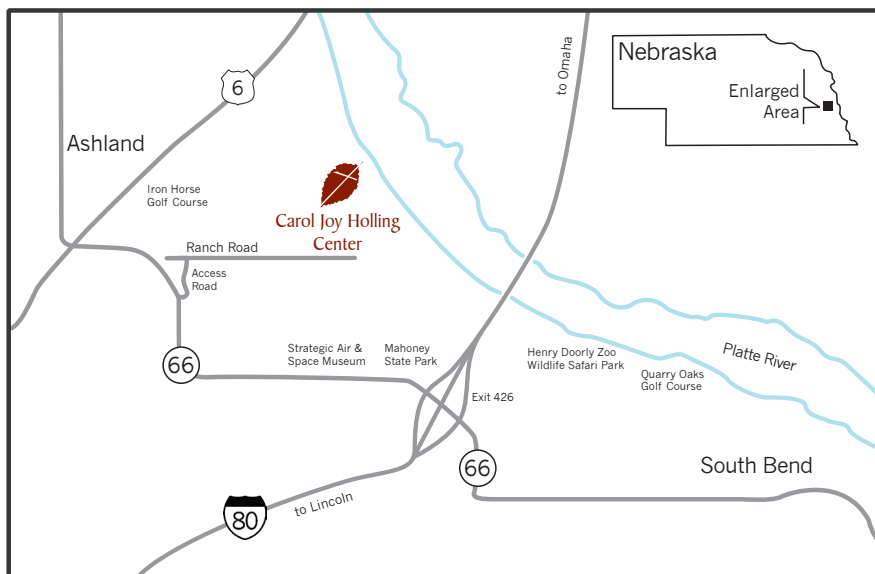
Please fill out the Health History form completely. LIST AT LEAST TWO EMERGENCY CONTACTS AND PHONE NUMBERS IN ADDITION TO YOUR HOME, CELL AND WORK NUMBERS.

Charges for medical services are usually billed directly to parents. Camp carries secondary insurance for camp-related accidents or illnesses. We do not cover treatment for pre-existing conditions.

...Severe Weather:

All sites have storm shelters and we monitor weather conditions carefully. We will notify parents when appropriate, so please do not call camp during a storm. We need to keep our phone lines open, and will be busy taking care of campers.

Getting to CJH...



- Carol Joy Holling Center is located at the end of Ranch Road off Highway 66 between Interstate 80 and Ashland
- If you are coming on I-80, take Exit 426. Turn toward Ashland and go 2.5 miles past Mahoney State Park. Turn right at the “Carol Joy Holling Center” sign
- If you are coming from north of Ashland on Highway 66, come through Ashland, cross Highway 6, and continue 1.25 miles, then turn left at the “Carol Joy Holling” sign
- Watch for the “Carol Joy Holling Center” directional sign at Ranch Road and turn right
- If you need further directions, please call 402-944-2544. If after hours, dial Extension 300

Questions? Comments? Ideas? Feedback?
Please call us at 402-944-2544.

If the camper will be leaving camp with anyone other than their parent or legal guardian, the form below must be completed and brought or sent to camp. If you do not know before camp who will be driving, you may send this form with the driver.

Transportation Permission

My child, _____ who is enrolled in session # _____ at _____
(name) (site)

has permission to leave camp with _____ on _____. My child is aware of
(driver's name) (date)

this and the driver knows he/she may be asked for identification before leaving camp with my child.

Signature of Parent/Legal Guardian

Phone Number

Date