



Camp Cavell Parent Packet

IMPORTANT NOTE!! **Pick up & Return day and time!**

We will **pick up** your child at **PONTIAC MIDDLE SCHOOL 1275 N. Perry Street on Sunday**. We will be in the "upper lot" (closest parking lot near N. Perry & Madison). Please arrive 20 minutes early and bring all medications with you. We will **return to the same upper parking lot on Friday**.

Campers - Sunday, July 10, 2022 at 11:30 AM to Friday, July 15, 2022 approximately at 9:15 PM

OVER THE COUNTER & PRESCRIPTION MEDICATIONS

It is a state law that all medications (*including over the counter ones*) be kept for the camper by the health person. This includes things like Tylenol, medicated creams, medicated throat lozenges etc. All medications should be labeled with the camper's name, not to be expired, to be listed in the camper health history, and placed in a plastic zip lock bag.

Prescription medications must be current, in original container, and prescribed for the camper. If you want a child to have a different dose or take it at a different time than the label indicates, you must sign a note indicating the change. If a child needs someone to give an injection please notify the camp ahead of time.

Camp may trigger allergies... EVEN IF YOUR CHILD HAS NOT HAD A PROBLEM RECENTLY it is important to send inhalers, breathing treatment machines etc. Once checked in with health person, inhalers and injectors can be carried by the counselor if necessary.

We will call you if your child has a health issue that requires a doctor's visit, requires an overnight stay in the health center, is injured beyond everyday bumps and bruises, or we need your input to solve a problem.

CAMPER INFORMATION SHEET

Please fill out page 4-5 and complete the parent information form and then assist your child in completing the second page. This information is of great help to your child's counselor. Please only put highly confidential information on the health form and please bring to the bus pick up.

EMAIL, CELL PHONES & CALLS NO CELL PHONES are permitted at camp! **MAKE SURE YOU HAVE YOUR CHILD'S PHONE** or other device that connects to the internet. Because of our location near the lakeshore, the internet & cell phones often connect to Canadian towers and it is very expensive.

You will be asked to sign a confirmation form that your child does not have a phone in camp. They are not conducive to the community we try to create at camp! We also cannot monitor what they and other campers are doing while on the cell phone or online.

Phone calls home are not encouraged, but are permitted if a camper is having problems or needs to be reassured by a parent. They are welcome to talk to the director at any time and she will work with the parent to see if a call time should be set up. Social calls are put into letter form (*a good skill to practice at camp*). **Emails are great!** We print them out for campers and deliver them like mail. Go to your Camp Account, click "Additional Options" scroll down to "E-mail a Camper" (*Note: they cannot respond to emails*)

TRADING POST (CAMP STORE)

Trading post money can be deposited online in your registration account or turned in at the bus in an envelope with camper's name and amount on it. It will be put in the camper's Trading Post account. There is no need to carry cash at camp and we are not responsible for its loss. The balance of their account will be returned on the last day. \$10-\$35 is recommended.

You can Call OR Email camp! 1-810-359-2267
Office Email: office@campcavell.org
Website: www.campcavell.org

LEAVE BEHIND - Camp is a place to enjoy the outdoors and try new things. We ask that **Personal Music Devices** only be used in cabins with headphones. Please **no game boys or other electronic**

devices. Also no pets, vehicles, or personal sports equipment (*with- out camp permission*). **NO CELL PHONES, or devices that connect to the internet** are allowed at camp.

GROUND RULES - NO SMOKING, ALCOHOLIC BEVERAGES, WEAPONS, or ILLEGAL DRUGS or substances are permitted at camp. Campers will be sent home for breaking the rules or for behavior that does not foster a positive, caring, safe spirit in the camp community. If a camper is sent home parents will be responsible for timely transportation home.

SNACKS - We have plenty of good food & snacks for a healthy experience.

WE are a NUT FREE camp.

CHECK OUT OUR WEBSITE!

www.campcavell.org

Find maps, family programs, games, history, ways to help camp, news articles, what to bring and lots more!

Dear Parents:

You are important in your child's camp experience!

Camp Cavell
3335 Lakeshore Drive
Lexington, MI 48450
Camp: 810-359-2267
cavell@campcavell.org

Our counselors are looking forward to meeting your child and sharing their excitement and love of the camp experience. Here are some hints to help your child get ready for camp.

Before camp encourage your child's spirit of self-reliance and compliment their ability to adjust to different situations. Camp living is an adventure; we live as simply in the out-of-doors as possible and it takes some getting used to.

First timers or old timers, email is important - everyone loves to get email. Write about cheerful things and about the great things you hope they are taking part in. Put the child's name in the subject box...ie...For Jane Smith.

Food at camp is great! (campers say so!) We have food like pizza, spaghetti, chicken, salad bars, cereal, bacon & eggs, are all old standbys. We will provide plenty of good food. We discourage campers to bring snacks, but if they are sent they are kept in the counselor's room and shared with the cabin at appropriate times by counselor.

Campers have a responsibility to share in the work to care for camp. We all do camp chores, feed the farm animals, and keep our own cabins clean. These projects help teach ownership and responsibility for ourselves and our environment.

The counselors and staff have a big agenda for your child. While at camp, we hope they will develop friendships, take on new challenges, and learn new skills. They will have the opportunity to live and learn about a diverse group of children their own age.

We hope camp will give your child time to grow on their own, a stronger sense of self-worth, and a clearer idea of the values that will make them an integral part of your community.

Campers are not allowed to bring cell phones to camp. We have had many problems having them in the cabins. If they really need to talk to you they can tell their counselor and the director will get in touch with you.

Camp is for old friends and new! Camp is a happy tear, a hug for a counselor, a hug for a parent, good-byes and hellos.

So, help get your camper ready for a good experience, and we look forward to seeing you soon.

Sincerely,

Jill Laidlaw
Executive Director
Camp Cavell Conservancy



What to Bring!

Keep in mind... these are suggested items and you should substitute or improvise if you like!

- 1 Suitcase, duffel bag, or footlocker
 - 1 * Sleeping bag or blankets
 - 1 Set of Sheets, pillow, extra blanket
 - 1 * Jacket/sweater
 - 1 Sweatshirt/suit
 - 4 Tops & Shirts
 - 3 Jeans/ pants
 - 3 Shorts
 - 1 **One Piece ONLY!** Bathing Suit
 - 2 Pajamas
 - 5 Underwear
 - 5 Pairs of socks
 - 3 * Gym shoes or walking shoes
 - 1 Boots / Hat
 - 1 Toiletries (i.e. brush, toothbrush, toothpaste, soap)
 - 3 * Bath / beach towel & washcloth
 - 1 Laundry bag
 - 1 * Raincoat/poncho
 - 1 * Flashlight & extra batteries
- * Essential items

Important Hints:

- Water shoes or an old pair of shoes that stay on the feet in waves are important (there are lots of rocks in water).
- Flashlights are important, there are no yard lights, bring one for each person.
- Mud Clothes Mud hikes are famous at camp, your child may decide to go on one when you never thought they would... BRING old shoes that tie on and old clothes!
- Weather at camp can range from very hot to cold, be ready for the unexpected.
- Camp life is very hard on clothes. Bring a very old set for river and mud hikes.
- Label all clothing & equipment; camp is not responsible for lost articles.
- Kids will get their feet wet, it's inevitable at camp, bring extra shoes!
- Electrical outlets are extremely limited. Avoid disappointment, please leave electrical items at home.
- Sorry no pets, weapons, or illegal drugs.
- **Very Important:** No cell phones or devices that go on the internet are allowed due to possible misuse by campers. They will be kept in office till departure.

IMPORTANT: If your cell or main contact number changes please notify **CAMP CAVELL** immediately.

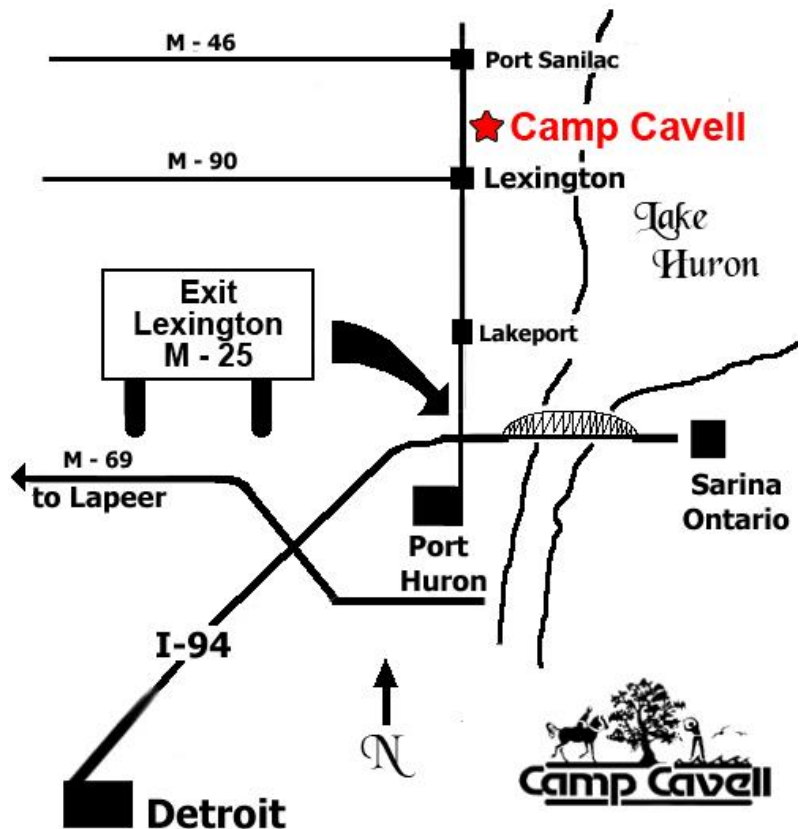
WE may have to contact you before camp starts with any last minute changes. Feel free to call camp at any time if you need clarification on anything. **810-359-2267**.

Directions to Camp Cavell!

CAMP OFFICE: CAMP CAVELL CONSERVANCY
3335 Lakeshore Road, Lexington, MI 48450
810-359-2267 Fax: 810-359-2430
Email: cavell@campcavell.org

LOCATION:

Twenty -five miles north of Port Huron, Michigan on Lake Huron, just past the town of Lexington.



Camper Name: First _____ M.i. _____ Last: _____ **Birth Date:** _____