



girl scouts  
arizona cactus-pine

# PARSONS LEADERSHIP CENTER 2018

SUMMER CAMP CONFIRMATION PACKET



OVERNIGHT CAMP

**GIRL SCOUTING BUILDS GIRLS OF COURAGE, CONFIDENCE  
AND CHARACTER, WHO MAKE THE WORLD A BETTER PLACE.**

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**PLEASE READ THE ENTIRE PACKET.**

ALL camper forms must be completed in UltraCamp.

# WELCOME TO THE GIRL SCOUT CAMPING ADVENTURE

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## FUN, FRIENDS, AND ADVENTURES AWAIT!

Girl Scout camp is the place to be this summer and we are excited to have your camper join us for fun outdoor adventures at Parsons Leadership Center!

Please use this packet to start conversations with your camper about her camp experience. What is she looking forward to? What does she need to get ready for camp? What are her concerns? This is also a great opportunity to answer these questions as a parent. The sooner those conversations start the more comfortable you and your camper will feel as camp gets closer. Find more resources to prepare for camp at [www.campparents.org](http://www.campparents.org).

Girl Scout camp is a place for your camper to build character, gain leadership, HAVE FUN, and practice independence. We are looking forward to this, and so much more this summer. In the meantime, if you or your camper have any questions, please do not hesitate to contact us. We will be happy to discuss her upcoming experience.

See you this summer!



Crystal "Kitty" Dingott

*Program Manager, Parsons Leadership Center*

## OPEN HOUSE AND VISITORS

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» May 26 4-8PM

Families are welcome to visit The Parsons Leadership Center on our open house days. We especially encourage first time campers and their parents to attend open house. It is the only time when families may tour the camp. For the safety of all campers, and so girls can enjoy their camping experience without distraction, we close the camp to visitors during the camp sessions. When you drop your camper off at camp, your access will be limited to the check-in area. A map to Parsons Leadership Center is found on the back page of this packet.

## HEALTH PROCEDURES

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Camp is staffed by a qualified medical professional (RN, EMT, or LPN) known as the Health Supervisor. A local physician is on call at all times.

Parents/Guardians will be contacted if your camper:

- » Spends the night in the infirmary.
- » Needs to see a doctor or visit the emergency room.
- » Breaks the Camper Behavior Agreement.

Parents/Guardians may also be contacted if:

- » The Health Supervisor has a question regarding information supplied on your camper's Health History Form (medications, chronic health conditions, etc).
- » Camp staff needs your assistance/support regarding your camper's well-being.

Campers receive a health screening upon arrival at camp and the Health Supervisor verifies health information. Parents will be notified of any concerns.

Medication can only be left at camp if the medication:

1. Is in the original container,
2. Is labeled with the camper's name, physician's name and correct dosage,
3. Is prescribed for her by a physician, and
4. Includes detailed written instructions on the Camper Health History Form

**MEDICATION** – Please **bring only prescription medication to camp**. Medication will be administered according to the prescribed instructions. *Emergency Medications such as Epinephrine or inhalers will remain with the camper 7-10 times, and camp staff will know the specifics of that child's medical needs.*

## HEAD LICE

If head lice are found during the health screening, the parent/guardian of the camper will be contacted to discuss options that best serve the camper and the camp community.

To avoid the challenge of discovering head lice at camp, please check—or have someone with experience check—your camper 7 to 10 days before arrival. This should provide ample time for treatment. Here are a few tips:

- » Finding lice can be difficult. There are many web resources for checking for lice, such as [www.cdc.gov/parasites/lice/head/diagnosis.html](http://www.cdc.gov/parasites/lice/head/diagnosis.html).
- » If found, carefully treat hair and all belongings before coming to camp. Treat hair with a lice removal product, remove all nits and repeat treatment in seven days. Wash all of her bedding, pillows, hats, stuffed animals, bike helmet, sleeping bags, brush, comb—and anything else her hair contacts—in hot water (130 degrees) and/or dry on high heat. Many children get re-infected from their own belongings.
- » More treatment recommendations: [www.cdc.gov/parasites/lice/head/treatment.html](http://www.cdc.gov/parasites/lice/head/treatment.html)

## SHOWERS AT CAMP

We have showers available at all camps. In consideration of Arizona's water supply, showers will be limited and girls are asked to keep their shower time to a minimum. Girls may want to practice taking 5-minute showers before arriving at camp. Thank you for supporting our efforts to use our resources wisely.

## HEALTHY CAMPERS

Because your camper will be joining a camp community, living in a cabin with 13 other campers, and sharing the camp with 160 other campers, it is important that good practices like hand washing and catching sneezes are second nature.

For additional information, please read the healthy camp update from the American Camping Association: <http://www.acacamps.org/sites/default/files/images/parents/parentflyer.pdf>.

## SAFETY IN THE SUN AND HEAT

At camp, we have two very common and preventable problems: SUNBURN and DEHYDRATION. Participants should bring and use non-aerosol sunscreen and chapstick with SPF 15 or greater.

Water is critical to our body's health. Everyone needs to drink at least three water bottles a day. A water bottle with a strap for carrying is recommended. At camp, we all drink one glass of water at meals before other beverages.

## EMERGENCY PROCEDURES

Parents will be contacted if there is an emergency that affects the camp community. Examples of emergencies include wildfire evacuation or other such occurrences. When these events occur, please do not call camp. You will be contacted by the Council office with information regarding next steps.

## CAMP PROGRAM - WHAT TO EXPECT

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Your camper is registered for a particular camp session for the grade level she will be entering in the fall. In addition to the activities listed in the program session she has registered for, all campers attending the Parsons Leadership Center will enjoy swimming, environmental education, arts & crafts, STEM, and water activities. Girls entering 4th grade and above will participate in archery. All activities are weather permitting.

## TYPICAL DAILY SCHEDULE - OVERNIGHT CAMP (MON-FRI \*UNLESS OTHERWISE SPECIFIED)

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All activities are weather permitting.

7:00AM	Wake up
7:45AM	Flag Ceremony
8:00AM	Breakfast
9:00AM – 12:00PM	Activities
12:30PM	Lunch
1:30-2:30PM	Me Time (down time for campers to rest, write letters, hang out in cabins)
2:30-5:30PM	Activities
5:45PM	Flag Ceremony
6:00PM	Dinner
7:00PM	Evening Program
9:00PM	Back in units getting ready for bed
10:00PM	Lights Out

## SPECIAL NEEDS

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We are dedicated to serving ALL girls in our Council, and accommodations can be made in many cases. Please contact the Camp Director for more information prior to registering.

Please contact the Camp Director for campers with special health care or mobility limitations. At that time you will be able to discuss the nature of your camper's needs and gather additional information to determine if the camp can provide the proper support, supervision, and necessary accommodations to have a safe, fulfilling camp experience. To be successful at camp, your camper needs to be independent with self-care (shower, dressing, using the restroom) and needs to be comfortable in an 8:1 camper to staff ratio.

Please contact your Camp Director at least two weeks in advance if your child has any food allergies or special dietary needs. Some dietary needs can be accommodated (vegetarian, lactose-intolerant, etc.), and others cannot. Special diets may require the participant to bring some food to supplement the meals provided by camp. Although we cannot guarantee a peanut-free environment, we can ensure meals are peanut-free.

## CAMPER MAIL & SOCIAL MEDIA

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To ensure your camper gets mail every day, you may write a letter for each day and leave it with our staff when you drop off your camper. If you use the U.S. Postal Service, allow three days for mail to arrive. Consider sending letters before camp, and we will store those until your camper's session. Make sure your mail is cheerful and positive. Ask questions about what she is doing at camp, but please don't tell her about all the great things she is missing or how much you miss her. This can lead to homesickness. If you want to send a care package, we recommend sending stationery, puzzles, books, comics, pens, stickers, etc. Please do not send candy, food or soda to your daughter. It attracts insects and wild animals, makes a mess and can also create conflicts among bunk mates.

### HOW TO ADDRESS MAIL

	EXAMPLE
Camp Name	Parsons Leadership Center
Program Name and Date(s)	Week 4 – Mermaid Lagoon
Daughter's Name	Susie Camper
Address	1611 E. Dobbins Road
City, State, Zip Code	Phoenix, AZ 85040

### PARSONS LEADERSHIP CENTER AT CAMP SOUTH MOUNTAIN FACEBOOK

Check out The Parsons Leadership Centers' Parent and Camper Facebook page!

» [www.facebook.com/gsacpcparsons/](http://www.facebook.com/gsacpcparsons/)

## UNIT PLACEMENT

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The most frequently asked question is “Where will I live?” Unit living placements are finalized 1-2 days before the session begins, as determined by total camp enrollment and numbers in each particular program. You’ll receive this information upon arrival.

All girls live in cabins, sleeping up to 14 girls per cabin, with bathroom and shower facilities in each cabin. Mattresses are provided in all living units, bedding is not.

## PARENT/GUARDIAN DROP OFF AT CAMP

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### CHECK-IN AT CAMP SITE

Please **do not** plan to arrive early, as the staff will be preparing the site for campers. The gate opens promptly at drop-off time (and closes 45 minutes later as program will start one hour after drop-off time). Please bring medication with you to the check-in station. You and your camper will check in and visit the Health Supervisor for a health screening. Luggage should remain in your car during this step. Please have all forms completed online before your campers’ session start date.

» **CHECK-IN AT CAMP: 7:30-8:30AM**

- » If you arrive early, you are encouraged to remain in your vehicle until check-in starts. Please do NOT tour the camp without an escort for safety purposes (for a tour of the facility see Open House dates).
- » Check-in is located at the east wing of the Learning Hall. Camp staff will be there to direct you.
- » Please submit medications and any forms not completed online.
- » Once kisses and hugs are done, your camper will be escorted by staff to join her group.

**NOTE:** ALL campers will be required to participate in a Health Screening on the first day of EACH WEEK (including campers attending multiple weeks). An adult is required to remain with their camper until her Health Screening is complete.

**PARKING –** Staff will direct you to back in and show you where to begin check-in. Our camps do not have large parking areas. Please be patient as we try to squeeze the cars in.

**TRADING POST –** The Trading Post will be open on check-in day to set up accounts.

### CHECK-OUT AT CAMP SITE

The gate will open promptly at pick-up time, 4:30-5:30PM, and closes one hour later as staff will start cleaning and preparing for the next group.

THE PERSON PICKING UP THE CAMPER WILL BE REQUIRED TO SHOW PHOTO IDENTIFICATION. There are no exceptions to this policy – even parents and guardians must show ID. This is for your child’s protection.

- » **LUGGAGE PICK-UP –** Camper luggage will be sorted by session. Please take time to find ALL your camper’s luggage including laundry bag, sleeping bag, pillow, stuffed animal, etc. Your camper’s luggage may have expanded at camp. Check the luggage pile thoroughly. It’s much easier to take it all home from camp rather than track down lost items later.
- » **MEETING COUNSELORS –** Feel free to take a few minutes and meet the staff who worked with your camper. They’ll be happy to speak with you about her stay.

- » **EARLY PICK-UP** - If early pick-up on check-out day is necessary, please plan to pick your camper up by 3PM. Pickup on check-out day between 4PM and 4:30PM is not possible. Simply indicate the time and date on the Parent Permission Slip and notify camp staff at check-in.
- » **LATE PICK-UP** - It is NOT possible to make arrangements for someone to stay with your camper beyond the pick-up time. She will be excited to see you and share her camp experience. This is also the beginning of staff meetings and preparation for the next group of campers.
- » **MEDICATIONS** - Remember to pick up your campers' medication from the Health Supervisor.

## CHECK-IN AND CHECK-OUT TIMES - OVERNIGHT CAMP

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First Day of Camp Session (*this can be found on your invoice*) - 7:30-8:30AM. Please submit all forms and medications to check-in desk if you have not previously mailed those ahead of time.

Last Day of Camp Session (*this can be found on your invoice*) - 4:30-5:30PM. Only those listed on the Parent Permission Slip may pick-up the camper. Please bring Photo ID.

## LATE ARRIVALS AND EARLY DEPARTURES

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If your camper will be arriving late, you will need to contact the camp office prior to arrival. Please report to the camp office upon arrival.

If your camper will need to leave early for any reason during the week, notify the camp office during check-in.

For your camper's safety, our gate remains closed during our camp session; without prior notification, you will not be able to enter the property. You will need to report to the camp office to pick up your camper.

## CONTACT INFORMATION

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You will find a map and driving directions located in this packet. We do not recommend the use of mapping websites such as MapQuest or Google since they often do not provide accurate directions to our facility. If you need directions, please contact the Council office at 602-452-7000.

***Campers are not allowed to make or receive phone calls while at camp.***

Crystal Dingott, Program Manager  
Before May 16: 602-452-7145 or 800-352-6133  
After May 16: 602-452-7125  
[cdingott@girlscoutsaz.org](mailto:cdingott@girlscoutsaz.org)

**THE BOB AND RENEE PARSONS LEADERSHIP  
CENTER FOR GIRLS AND WOMEN AT CAMP  
SOUTH MOUNTAIN**

1611 E. Dobbins Road  
Phoenix, Arizona 85040-8501  
602-452-7125

[gsparsonsleadershipcenter@girlscoutsaz.org](mailto:gsparsonsleadershipcenter@girlscoutsaz.org)

# PACKING LIST

## RESIDENTIAL / 1 WEEK OVERNIGHT SESSIONS

Campers are responsible for all items brought to camp. Label everything – especially sleeping bags and luggage! Please do not attach loose items to luggage (i.e. tying shoes to suitcase). This will help us get her gear to her unit. We recommend that you leave any items you consider to be irreplaceable or valuable at home. GSACPC is not responsible for lost, damaged or stolen items.

## CLOTHING

- t-shirts – one per day
- shorts – one per day
- socks – one pair per day
- underwear – one per day
- shoes – tennis shoes (CLOSED TOES & HEELS)
- shower shoes – flip-flops
- swimsuit (REQUIRED AT PARSONS)
- water shoes (REQUIRED AT PARSONS)
- rain coat or poncho
- pajamas
- long pants – one pair
- hat or visor
- sweater, sweatshirt OR jacket
- nametag (FOR RETURNING CAMPERS)

## PERSONAL CARE

- 1 washcloth
- 2 bath towels
- sunscreen AND lip balm – SPF 15 or higher
- shampoo, conditioner
- brush OR comb
- soap and deodorant (NO SPRAY CANS)
- toothpaste, toothbrush
- sanitary items (IF APPROPRIATE)
- plastic bag/bucket to take items to showers
- sleeping bag OR sheets and 3-4 blankets
- pillow
- laundry bag with name on it
- flashlight and extra batteries
- mess kit OR plastic cup, plate and silverware for outdoor cooking. NO GLASS.
- water bottle with a shoulder strap
- sunglasses
- daypack / backpack

## NICE TO HAVE

- camera, film (PHONES NOT ALLOWED)
- book
- stationery, pen, stamps
- stuffed animal
- bandana (REQUIRED AT MARIPAI)
- theme week dress up items

## DO NOT SEND

- » radios, iPods OR other music players
- » phones
- » video games or video cameras
- » gum, candy or other food items
- » laptops or portable DVD players
- » snacks with nuts
- » pets
- » personal sporting OR riding equipment (CLIMBING HARNESS, HELMET, BOW/ARROWS, TACK)
- » tobacco, non-prescription, illegal drugs, alcohol
- » expensive name-brand articles
- » matches or candles
- » irreplaceable items
- » anything with wi-fi or video taking capabilities

## DRESSING UP FOR "THEME WEEKS" @ CAMP

All of our camps share the same "theme week". The theme is relevant to the camper's experience through All-camp and my-choice activities. Campers may choose to bring items to dress up relating to the theme and the week that they are attending camp. **No need to purchase items – it is not required that campers dress up.**

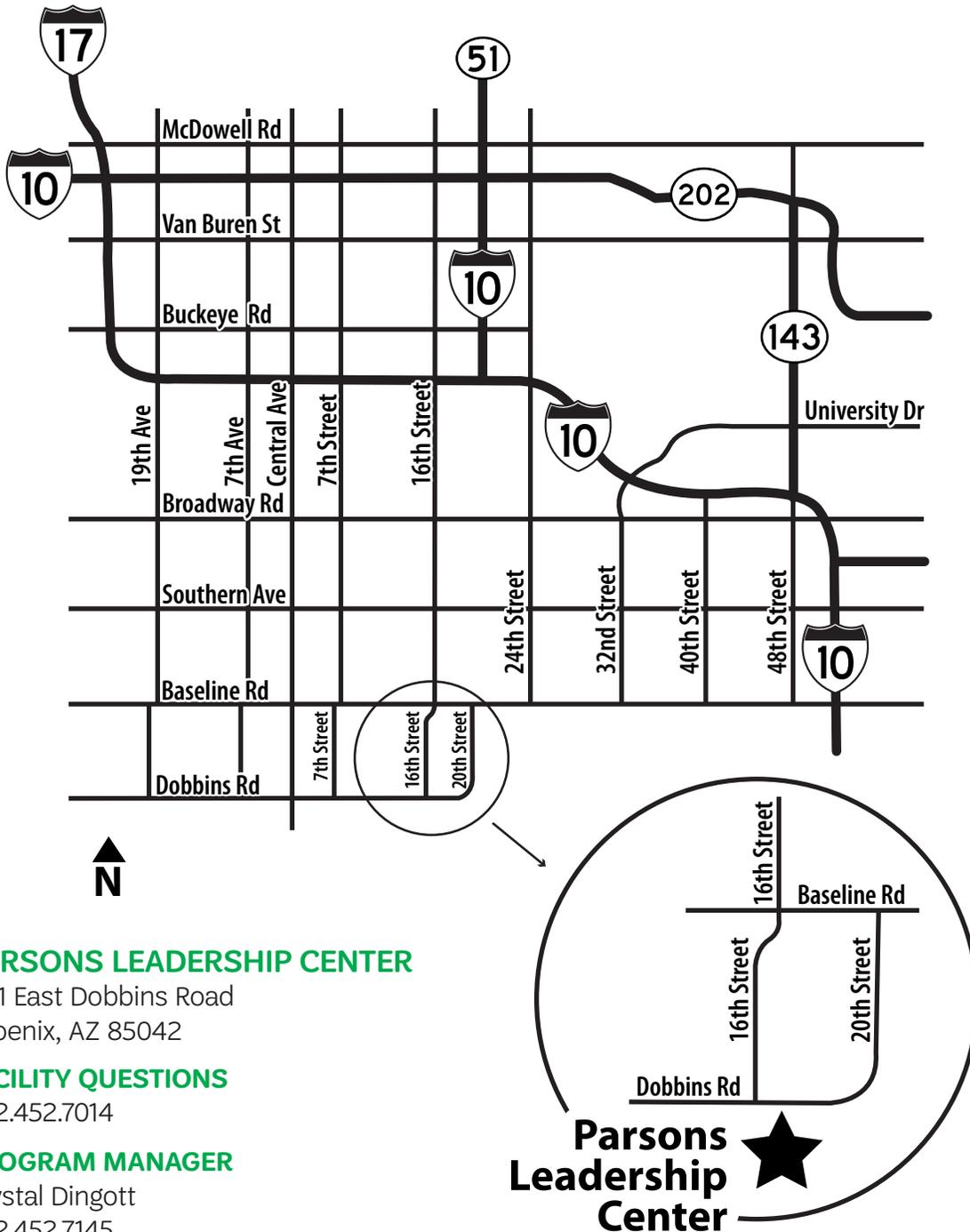
See below for the themes and ideas of what campers might wear/bring for dressing up.

	WEEK	THEME	IDEAS
1	June 3-8	Knights & Dragons	Medival clothing - princess gown, knight outfit, jester, etc.
2	June 10-15	Outta this World	Goofy astronaut suit, anti-gravity boots, antennae
3	June 17-22	World of Girls	Your own culture's dress or dress from a culture you admire
4	June 24-29	Wonderland	Alice in Wonderland theme - Mad Hatter, bright clothing, small hat, polka dots, rabbit, etc.
5	July 5-7	Western	Boots, button-ups, hats, buckles, etc
6	July 8-13	Camp Carnival	Bright baggy clothing, clown nose, any clothing item related to a circus/carnival
7	July 15-20	The Mighty Jungle	Animal tail, mask or clothing
8	July 22-27	Treasure Hunt	Vest, steam-punk clothing, adventure tour items, etc.
9	July 29-August 1 (4-days)	Beach Party	Lei, sunhats, sunglasses, beach ball, etc.

## LOST & FOUND

All lost & found items will be held for two weeks at the Council office after close of the camp session. All items not claimed within two weeks of session closing will be donated to local charities.

# THE PARSONS LEADERSHIP CENTER ROAD MAP & DIRECTIONS



**PARSONS LEADERSHIP CENTER**

1611 East Dobbins Road  
Phoenix, AZ 85042

**FACILITY QUESTIONS**

602.452.7014

**PROGRAM MANAGER**

Crystal Dingott  
602.452.7145

Drive south on 16<sup>th</sup> Street (towards South Mountain) to Dobbins. At Dobbins, turn left and you will see The Parsons Leadership Center.

# THE PARSONS LEADERSHIP CENTER SITE MAP

