

BUILDING STRONGER FAMILIES

DEER  **RUN**
FAMILY
CAMP



MEMORIES
ADVENTURE

TOGETHERNESS

 **DEUTERONOMY 6:5-7**
LOVE THE LORD YOUR GOD
WITH ALL YOUR HEART, SOUL & STRENGTH

TABLE OF CONTENTS

PAGE 2-3: SCHEDULES

PAGE 4: SPEAKER INFORMATION

PAGE 5: WHAT TO PACK

PAGE 6: FAQ

PAGE 7: OFF-SITE EXCURSIONS



“As the deer pants for streams of water, so my soul pants for you, O God.” Psalm 42:1

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FAMILY CAMP: JUNE/JULY SCHEDULE

ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE

QUIET TIME BEGINS AT 10 PM • LIGHTS OUT IS 11 PM

SUNDAY

4:30-6:15 p.m. Check-in

- Meet Family Assistant
- Welcome-to-camp Photo
- Lake Time

6:30 p.m. Dinner at the Lodge

- **FAMILY Session 1 at the Lodge**
- Wagon Rides / Campfire & S'mores / Board Games

MONDAY

7:45 a.m. Breakfast at the Lodge

- Morning Family Devotion Time
- Group Recreational Activities / Lake Time / Free Time

12:45 p.m. Lunch at the Lodge

- **COUPLE Session 1 at The Lodge**
- Games & Crafts for Kids & Youth at the Lodge
- Parent Date Time / Kids Rec Time

5:30 p.m. Dinner at The Lodge

- **FAMILY Session 2 at The Lodge**
- Family Skits and/or Family Talent
- Campfire & S'mores / Board Games

TUESDAY

7:45 a.m. Breakfast at the Lodge

- Morning Family Devotion Time
- Zip Line Adventures / Lake Time / Free Time

12:45 p.m. Lunch at the Lodge

- **COUPLE Session 2 at The Lodge**
- Children & Youth Session with Games
- Giant Swings / Climbing Tower

5:30 p.m. Romantic Couples Dinner at The Lodge

- Music / Slow Dancing / Free Time
- Kids Dinner & Activities in The Upper Room/Summit
- Outdoor Movie Night

WEDNESDAY

7:45 a.m. Breakfast at the Lodge

- Morning Family Devotion Time
- Archery Tag / Lake Time / Free Time

12:45 p.m. Lunch at the Lodge

- **COUPLE Session 3 at The Lodge**
- Games for Kids at The Lodge & Craft Time
- Leap of Faith

5:30 p.m. Dinner at The Lodge

Fourth of July Celebration (July only) • June (TBD)

THURSDAY

7:45 a.m. Breakfast at the Lodge

- Morning Family Devotion Time
- Pedal Karts / Lake Time / Free Time

12:45 p.m. Lunch at the Lodge

- Offsite Excursion or Free Time

5:30 p.m. Dinner at The Lodge

- **FAMILY Session 3: Hike to the Cross**
- Cornhole Tournament (kids & adults)
- Campfire & S'mores / Board Games / Ping-pong, etc.

FRIDAY

7:45 a.m. Breakfast at the Lodge

- Morning Family Devotion Time
- Zip Line Adventures / Lake Time / Free Time

12:45 p.m. Lunch at the Lodge

- **COUPLE Session 4 at The Lodge**
- Children & Youth Session with Games
- Volleyball / Kickball / Wiffleball

5:30 p.m. Dinner at The Lodge

- **FAMILY Session 4 at The Lodge**
- Family Square Dance
- Carpet Ball Tournament

SATURDAY

7:45 a.m. Breakfast at the Lodge

- **FAMILY Session 5 at The Lodge**
- Cardboard Boat Regatta Construction & Regatta Race
- Check Out of Rooms

12:15 p.m. Lunch at the Lodge

- Trophy Presentation / Closing / Final Camp Photos

1:30 p.m. Camp Ends

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FAMILY CAMP: SEPTEMBER SCHEDULE

ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE

QUIET TIME BEGINS AT 10 PM • LIGHTS OUT IS 11 PM

- 7:30 p.m. Cornhole Tournament
- 8:30 p.m. Family Skits / Talent Show
- 9:15 p.m. Free Time / Campfire & S'mores

FRIDAY, SEPTEMBER 1

- 4:30-6:15 p.m. Check-in
Meet Family Assistant
Welcome-to-camp Photo
Lake Time: swimming, zip line, waterslide, aqua park, kayaking, canoeing, catch & release fishing or relaxation on the beach
- 6:30 p.m. Dinner at The Lodge
- 7:30 p.m. FAMILY Session 1 at The Lodge**
Opening Celebration with Praise & Worship
Icebreaker: Get to know each other
Overview of the Weekend
- 8:45 p.m. Wagon Rides / Campfire & S'mores /
Board Games / Hang-out with Campers

SATURDAY, SEPTEMBER 2

- 7:45 a.m. Breakfast at the Lodge
- 8:30 a.m. Morning Family Devotion Time
- 9:00 a.m. COUPLE Session 1 at The Lodge**
Kids & Youth: Games & Crafts at the Lodge
- 10:45 a.m. Zip Lines / Climbing Tower / Pedal Karts
- 12:45 p.m. Lunch at The Lodge
- 1:30 p.m. Parent Date Time
Kids Rec Time: GaGa Ball, Playground,
Archery & BB guns
- 3:15-3:45 p.m. Camp Store Open for Snacks, Drinks,
Souvenirs
- 3:30 p.m. Lake Time
- 5:45 p.m. Dinner at The Lodge
- 6:30 p.m. FAMILY Session 2 at The Lodge**
Praise & Worship / Special Music
Teaching

SUNDAY, SEPTEMBER 3

- 7:45 a.m. Breakfast at The Lodge
- 8:30 a.m. Morning Devo
- 9:00 a.m. COUPLE Session 2 at The Lodge**
Children & Youth Session with Activity
- 10:45 a.m. Wiffle Ball & Kickball / Volleyball
- 12:45 p.m. Lunch at the Lodge
- 1:30 p.m. Zip Lines / Giant Swings / Pedal Karts
- 3:15-3:45 p.m. Camp Store Open for Snacks, Drinks,
Souvenirs
- 3:30 p.m. Lake Time
- 5:45 p.m. Dinner at The Lodge
- 6:30 p.m. FAMILY Session 3 at The Summit**
Praise & Worship / Special Music
Teaching
- 7:30 p.m. Family Square Dance at The Summit
- 9:00 p.m. Free Time / Campfire & S'mores

MONDAY, SEPTEMBER 4

- 7:45 a.m. Breakfast at The Lodge
- 8:30 a.m. FAMILY Session 4 at The Lodge**
Praise & Worship / Special Music
Testimonies
- 9:45 a.m. Cardboard Boat Regatta Construction**
- 10:30 a.m. Cardboard Boat Regatta Race at the Lake
- 11:00 a.m. Change for Lunch / Break
Check Out of Rooms
Camp Store Open until 11:30 a.m.
- 12:15 p.m. Lunch at The Lodge
- 1:00 p.m. Trophy Presentation / Closing
Final Camp Photos
- 1:30 p.m. Camp Ends



2017 FAMILY CAMP SPEAKER

JADA DAVES

Jada has **A PASSION FOR MINISTRY** and has utilized her many God-given talents through missionary work in several countries, teaching all ages of children and adults in the local church, writing feature articles for Christian publications, conducting a variety of Bible studies, and leading conferences for women, youth, married couples, and families.

Jada had the **HONOR** of being a living donor for her one-year-old son's kidney transplant in 2011. The story captured the attention of national media sources such as CNN and USA Today, and Jada shares the miraculous journey of faith she and her family have traveled.

Dr. Daves earned her doctorate from Vanderbilt University in Human Resource Development and has twenty-five years experience in training and education. She is the founder and president of **POSITIVE RESULTS**, a motivational speaking, training and program development firm. She is also an author, former talk radio host, songwriter, and has most recently launched an entertainment company that focuses on family-centered programs for television.

Jada has truly been blessed with the ability to **CONNECT WITH AUDIENCES** through humor, animated storytelling and unfeigned honesty. This translates into entertaining, yet highly meaningful and lasting presentations.

Jada has been married to Kevin for 22 years and is the mother of five children ages seven to fifteen. They are members of Spring Creek Road Baptist Church in Chattanooga, TN. The Daves are a musical family – Kevin plays the saxophone, thirteen-year-old Sharayah loves the guitar and all the children enjoy singing. They have a **HEART FOR WORSHIP** and frequently get invited to perform at ministry events, weddings, funerals, and other special engagements.

MORE ABOUT JADA

http://premierespeakers.com/jada_daves/text_reviews

DURING DEER RUN'S FAMILY CAMP, Jada will lead small group couple sessions to enrich your marriage with topics on...

- communication
- alone time
- spiritual leadership
- teamwork
- accountability
- parenting
- and more

During the week she will also lead "Interactive Family Sessions" that all ages will enjoy!



FAMILY CAMP WHAT TO PACK

FAMILY SKIT/TALENT

- **COSTUMES, INSTRUMENTS, PROPS, ETC.** – Before arriving at Family Camp, plan a 3 to 5 minute fun skit/talement for your family to present to the group. Bring everything you need for this!

RECREATIONAL ITEMS

- **FISHING EQUIPMENT AND BAIT IF YOU PLAN TO FISH:**
A limited supply of fishing bait and tackle (poles, hooks, sinkers) are available for purchase at the Camp Store. Fish include large mouth and hybrid striped bass, catfish and bluegill. All fishing is catch and release bank fishing only. No fishing is allowed from the docks or in the swim area.
- **BIKES, SCOOTERS, SKATEBOARDS:** You may bring these for your family to ride. Bring appropriate safety equipment: helmets, knee pads, etc. Children must be supervised by an adult while riding. Use extreme caution on the steep hills.

CLOTHING & MORE

- **CASUAL CLOTHING** for outdoor activities and game
- **ATHLETIC SHOES OR HIKING BOOTS** which are required for some of the Adventure Rec activities (see info that follows).
- **TOILETRY/PERSONAL ITEMS.** Men should bring shaving items. Some toiletry items are available at the Camp Store for purchase if needed. Basic toiletries (soap and shampoo) are in the room.
- **SWIMSUIT, BEACH TOWEL, SUNSCREEN & WATERPROOF SHOES.** Swimsuits should be modest. One piece or tankinis are recommended for women and girls.

Because the waterslide is made of parachute-like fabric, swimsuits cannot have metal or plastic zippers, grommets or metal of any kind since these damage the fabric on the slide. Guests with these items are not allowed to go down the slide. WET WILLIE WATERSLIDE: Participants must weigh no more than 250 lbs.

- **SAND TOYS:** Deer Run has some available at the lake.
- **INSECT REPELLENT** for wooded archery & paintball courses plus nighttime activities
- **RAIN GEAR** and umbrellas depending on weather
- **FLASHLIGHT** and extra batteries
- **CAMERA** (or phone) to capture memorable moments
- **BIBLE**

JUNE/JULY ONLY

- **A NICER OUFIT** (business casual) for the romantic dinner.

JULY ONLY

- **OPTIONAL:** Fun 4th of July gear/clothing such as red, white, and blue hats, socks, necklaces, shirts, shorts, etc.
- **FOLDING CHAIRS OR BLANKETS** for watching fireworks

SNACKS & DRINKS

While Deer Run provides meals and a few extra special treats, a refrigerator is available for families to share for storing personal drinks and snacks. Water coolers/fountains are available near recreational areas for your convenience.

SPENDING MONEY

Money for the Camp Store (or purchase Camp Bucks online during online registration or by logging into your online account after registration; see next page).

JULY ONLY: Money for food trucks at the off-site 4th of July Celebration and for optional off-site excursions.

WHAT NOT TO PACK

- clothing with offensive language or promoting persons, bands or products which are offensive
- chewing or bubble gum since it damages property
- alcoholic beverages, illegal drugs, firearms or fireworks
- anything of value; Deer Run is not responsible for lost or stolen items.

ADVENTURE REC INFO SPRING VALLEY LAKE

The lake is open for Family Camp attendees only during scheduled times. Safety rules are posted at the lake and MUST be observed at all times. The lake is closed for walking on the docks, wading or swimming unless a lifeguard is present.

Lif jackets are provided by Deer Run and are **REQUIRED** to be worn by each participant for all lake activities including kayaking and canoeing – regardless of swimming ability. Bank fishing does not require a life jacket.

LEAP OF FAITH, GIANT SWING, PEDAL KARTS, ZIP LINE ADVENTURES, CLIMBING TOWER

Sturdy shoes such as athletic shoes or hiking boots are **REQUIRED** for safety reasons; flip flops, sandals or open toe shoes are **NOT** allowed. Loose-fitting pants or shorts are recommended for ease of movement.

GIANT SWING: Participants must weigh no more than 275 lbs.
ZIP LINE ADVENTURES: Participants must weigh at least 60 lbs. and no more than 250 lbs.

ACCOMMODATIONS

Guest rooms are assigned by Deer Run. Amenities include a hair dryer, plush towels, pillow top mattress, extra blankets, dual alarm clock/radio, free Wi-Fi. The Great Room has a DVD player, Roku and HD antennae for local channels.

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FAMILY CAMP FAQ

WILL THE ENTIRE WEEK BE FILLED WITH SCHEDULED ACTIVITIES OR WILL WE HAVE SOME FREE TIME TO CHOOSE WHAT TO DO ON OUR OWN?

Most activities are scheduled, but there is also free time to relax or enjoy some optional recreation choices.

ARE VISITORS ALLOWED?

Only registered, paid participants are allowed on Deer Run property during Family Camp. Visitors must check in at The Lodge Office or the Camp Office to get a visitor badge, and are only allowed to visit from 9 a.m. to 5 p.m., Monday–Friday.

FOOD ALLERGIES OR DIETARY REQUESTS

Deer Run cannot accommodate ALL allergies and dietary restrictions; and we cannot prevent, nor guarantee, a cross-contamination-free environment. Our food service team will make every effort to accommodate certain food allergies and

dietary restrictions, but doing so is at the discretion of our food service director and may require an additional fee for special food purchases. Individuals with extreme allergies are encouraged to bring their own food.

In order for us to best accommodate food allergies or dietary restrictions, these needs must be communicated to Guest Services no later than 2 weeks prior to your arrival.

WHAT IS DEER RUN'S RESPONSE TO THREATENING WEATHER?

Deer Run staff has your safety in mind. Normally, all scheduled recreation and activities take place regardless of weather conditions. In case of heavy rains or thunderstorms, our staff may need to make adjustments to the schedule or facility to accomplish scheduled activities.

IS DEER RUN AFFILIATED WITH A SPECIFIC DENOMINATION?

No. Deer Run is a 501(c)(3) nonprofit, nondenominational Christian ministry. Deer Run has a volunteer board of directors and is funded through user fees, individual donations and grants. Deer Run is not owned, governed or funded by a church or church organization.

WHAT ARE CAMP BUCKS AND HOW ARE THEY USED AT THE CAMP STORE?

Camp Bucks can be purchased during your online registration or at any time by using the link below and logging into your account. They can be added to an individual or to a family account. Camp Bucks do not expire. If unused, they remain in your account and can be used for summer camp or any family event.

Camp Bucks are used to make purchases at the Camp Store while you are at Deer Run and work well so you don't have to keep up with cash or a credit card.

When you visit the Camp Store to make purchases such as drinks, snacks, merchandise, apparel or fishing bait, the staff person working in the store deducts the total of your purchase from your online Camp Bucks.

Of course, you are always welcome to use cash or credit cards — Discover, MasterCard or Visa — at the store.

Purchase or Add Camp Bucks

www.ultracamp.com/storeDeposits.aspx?idCamp=395&campCode=drr