



# PARADISE POINT CAMP

The Episcopal Church in Idaho  
McCall, ID

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## Payette Lakes Community Association (PLCA) CAMP INFORMATION PACKET

### **CONTACT INFORMATION**

Seasonal Camp Office: 208-634-2846, registrar@idahodiocese.org  
Year-round Office: 208-345-4440

### **INCLUSION STATEMENT**

Paradise Point values and respects the dignity of all individuals, which includes all races, denominations, gender identification, and sexual orientation. We do this by training and educating our staff, notifying all participants of our programming, and reinforcement of these values when necessary.

### **BALANCE DUES/REFUND/CANCELLATION POLICY**

Session balances are to be paid in full to PLCA prior to the arrival day of camp.

### **DATES/TIMES**

2023 PLCA Camp Dates: August 15-17  
Drop off: 9am August 15  
1 Night Pick up: 5pm August 16  
2 Night Pick up: 2pm August 17

### **CAMPER EXPECTATIONS**

All campers at Paradise Point Camp agree to respect camp staff, their fellow campers, wildlife, and the camp property. For their own safety, the safety of others, and for the safekeeping of Paradise Point, campers agree to follow the Paradise Point guidelines as presented on the first day of camp. Campers agree to stay in their cabins after "lights out" unless their counselor gives them permission to leave the cabin. Campers agree to respect other camper's privacy and not to take cameras into the bathhouse. Campers will use the "2 + Me = 3" buddy system at all times, never going off by themselves.

### **MEDICAL CARE**

Each Youth Camp session has an On-Site Health Care Provider on camp property for the week. In case of an emergency, arrangements for treatment have been made with the St. Luke's McCall Medical Center, which is about eight miles from Camp. If you plan to be away for any length of time during your child's time at camp please arrange for a relative or friend to be able to pick-up your child should they become ill and verify that this adult is listed as an Authorized Pick-up.

In the event the Paradise Point On-Site Health Care Provider determines it is necessary for a camper to visit the doctor's office or emergency room, the camper's insurance is billed. Parents/Guardians will be notified prior to any doctor or emergency room visits.

### **MEDICATIONS**

Following best practices for medication intake, Paradise Point Camp requires all medications sent to camp (*prescription and nonprescription*) to be pre-packaged by a pharmacist, parent/guardian, or camp staff.

Camps across the country have seen an increase in the number of campers coming to overnight camps with medications, and an increase in the number of medications to be distributed per camper. To decrease the likelihood of medication errors, Paradise Point Camp will approve only the following pre-packaged forms of medication:

#### **Pharmacy packed blister packs**

Many pharmacies (Albertsons, CVS) will prepare a week of medication in blister or bubble packs, often at no cost to you. Call your pharmacy and ask them to prepare a weeklong blister pack for your camper, divided by day and dispensing time. This is the best option, ensuring that your camper gets the correct medication at the right time of day and is simple for the on-site health care provider to confirm all information. Most pharmacies will include non-prescription medications like supplements, vitamins or daily allergy medications while packing prescription blister packs.

### **Parent/guardian packed blister packs**

You can prepare your camper's medications before camp. Medications need to be in tamper-evident packaging (no ziplocks or reusable pill organizers, please) and separated by day and delivery time. [Paradise Point Camp recommends this type of at-home blister packing](#). You will also need to provide a printed copy of the prescription information (must include camper's name, delivery information and relevant warnings). Your help pre-packaging blister packs ensures accurate medication delivery, speeds up the check-in process and helps keep our on-site health care provider and staff organized. You may also include non-prescription supplements, vitamins, or daily allergy medications in the blister packs- just be sure to include the information in the printed summary.

### **Paradise Point Camp medicine packing**

For an additional fee of \$35, Paradise Point Camp will blister pack medications for your camper at drop-off while you wait. Prescriptions must be brought to camp in their original containers printed with the name of your camper, delivery information and all warnings. Any extra medications will be returned to the parent/guardian at the time the blister pack is filled. Paradise Point Camp will only pack medications for campers *at camp, not at any bus stop locations*.

The important information for the on-site health care provider to confirm prescription information: camper name, prescription information (must confirm medication is prescribed to the camper and include delivery information), and medication warnings (Ex: Do not eat grapefruit with medication).

Exceptions to the blister pack policy include: Epi-pens, inhalers, drops, liquids or creams, as-needed medication (PRNs), any rescue-medication that needs to be accessible to the camper, and birth control.

Paradise Point Camp keeps a health center stocked with over-the-counter medications for the care of your camper. Please do not send any unnecessary medications with your camper.

### **DIETARY NEEDS**

Paradise Point Camp is a peanut-free facility. Please do not send or bring any food or peanut items to camp.

It is our desire that all participants be able to experience Paradise Point without concern or anxiety of dietary restrictions. We can meet a variety of dietary restrictions, including vegetarian, gluten, dairy, egg, and nut allergies. To meet the needs of these participants, it is necessary to obtain as much information as possible **prior to the arrival** at camp. During the registration process you can list any special dietary needs. Please be as specific as possible regarding the exact nature and severity of any allergy or intolerance.

Please note that we will make every effort to accommodate dietary restrictions. However, due to our open kitchen that handles major allergens (gluten, wheat, dairy, nuts, etc.) we cannot guarantee that items will be completely "free" of any ingredient. While Paradise Point works to provide meals which meet these special needs as much as possible, it is the responsibility of the individual to avoid those foods that they are unable to eat. In certain cases, we allow participants to bring some of their own food items, made available to campers at meal and snack times.

### **ARRIVAL DAY**

All required forms must be completed prior to arrival day

**Dropping your camper off at camp:** Please plan to arrive at Paradise Point at **9:00AM** on the first day of camp. If you are early, you are welcome to wait at the top of the hill as the entrance gate will be closed until 9 AM. You will be greeted by a staff member who will direct you to parking and the check-in table. If you drop your camper off at camp, you may have the opportunity to meet their counselor.

**Keep electronics at home:** If your child has any electronics, (cell phones, iPods, game systems etc.) please take them with you as they are not allowed on camp. Any electronics brought to Camp will be labeled and stored for the week. Paradise Point is not responsible for lost or damaged electronic items while stored at camp. Exceptions include digital cameras.

**Swim test:** On the first day of camp campers will have the option to participate in the swim test (4 lengths in between the docks & treading water for 2 minutes). If campers choose to not take it or do not pass, they will only be able to swim in specific swimming areas or required to wear a lifejacket. Campers are encouraged to try again throughout their stay.

## **DEPARTURE DAY**

Campers will only be signed-out to those listed on their account. If you are picking up your camper, but are not listed on the account, they will be unable to leave until the primary or secondary contacts have been reached.

**During Check-Out at any location, you are able to:**

- Sign out your camper after showing your photo ID: **PHOTO ID IS REQUIRED TO CHECK OUT ANY CAMPER**
- Pick-up any medications (any medications left will be held until Labor Day and then discarded)

**Picking your camper up at camp (1 night stay 5pm, 2 night stay 2pm)** If your camper is not picked up within an hour of pick up time, you will be charged a \$35 late pick-up fee.

## **LOST & FOUND**

On a daily basis, lost and found items will be placed on Trust Rock (the rock in the central gathering area) for campers to claim. On departure day, we do a lost and found fashion show during breakfast to return items found to campers. Anything not claimed will be displayed at camp on the Check-Out table during departure day. All leftover items are donated at the end of the summer. Please label all your camper's items to help prevent missing items.

## **TYPICAL DAY AT CAMP**

8:30	Breakfast	5:00	Cabin Connections (Cabin Recreation/Team Building)
9:30	Cabin Clean Up	6:00	Dinner
10-12	Activity Choices	6:30	All Camp Game
12:30	Lunch	7:30	Campfire
1:30	Toes Up (Rest Hour)	9:15	Ready for bed
2:30	Free Time: Waterfront, Brown Bear (Camp Store)	10:00	Cabin Devotions (Wind-down time)
4:15	Camper Clean-up (Showers)	10:30	Lights Out

## **LICE: NO NIT POLICY**

Paradise Point is committed to taking precautions (not sharing hairbrushes, hats, etc.) to minimize the risk of lice infestation among our campers and staff. Please read the following information carefully as no refunds will be issued if lice or nits are found and the camper is unable to be treated and return to camp in the registered session.

Children with any evidence of lice, including nits (egg casings), will not be able to participate in the camp session. The camper will need to seek treatment for the lice and/or nits at home. If your child has had head lice or has been exposed to them within four weeks prior to their arrival at camp, please notify us.

The following policies and procedures have been implemented to reduce the likelihood of a lice outbreak at camp:

1. It is recommended that you check your child for lice and nits before camp begins. This is especially important if your child has had lice or been exposed to lice in the months leading up to camp.
2. During check-in of arrival day for each session, the On-Site Health Care Provider will do an initial screening of every camper.
3. If lice or nits are found in your camper's hair, they will be sent home with instructions for you to treat them and their belongings. If your child came to camp via bus, the Camp Director or On-Site Health Care Provider will contact you to pick up your child.
4. Any camper found to have lice will be re-screened upon their re-admission to the session. Your camper is welcome to return 24 hours after treatment. They will be re-checked by our On-Site Health Care Provider upon arrival and must be nit-free to return to camp.
5. If lice or nits are discovered during camp after arrival day the other children in that camper's cabin will be re-screened and those families will be advised by email correspondence.

Additional information on head lice & its treatment can be found at <https://www.headlice.org/downloads/nonitpolicy.htm>

## **THINGS TO BRING TO CAMP**

Please label all items and help your camper pack his/her/their own bag for camp. Items are more often lost when a camper does not know what their parents packed for them. Please check the weather report for McCall, Idaho for your camper's upcoming session. Most activities are outside. Paradise Point Camp's guiding principal is: there is no bad weather, only bad gear! **Laundry will only be done for emergency purposes.**

**Do NOT pack medications (prescriptions or over-the-counter) in luggage.  
Please bring them to Check-In on arrival day.**

### **Suggested Packing list**

- Jeans/long pants
- Shorts
- T-shirts
- Sweatshirts/Jackets
- Pajamas
- Underwear & socks
- 2 Swimsuits (appropriate for high activity)
- Tennis shoes/ hiking shoes
- Flip-flops
- Hat/cap for hot/cold weather
- Gloves for cool weather
- Dirty clothes bag
- Sleeping bag & pillow
- 2 Towels: beach/shower
- Soap/shampoo
- Toothpaste/toothbrush
- Chapstick
- Paper/envelopes & stamps
- Journal or small notebook
- Daypack
- Water bottle
- Flashlight or Headlamp
- Sunscreen (30 SPF minimum)
- Bug Spray

**Paradise Point is not responsible for lost items. Please label everything!**

### **DRESS CODE**

Paradise Point strives for a standard of dress that is in accordance with our values of inclusivity and active participation. Please help your camper pack accordingly. Do not bring clothes that reference drugs or alcohol or have inappropriate innuendos. Make sure shorts, dresses, and skirts are an appropriate length for being highly active and swimsuits do not slip/move/become immodest while being active in the water or on the beach.

### **THINGS TO LEAVE AT HOME**

Please leave any medication (except prescription which is administered by the on-site health care provider), drugs, alcohol, cigarettes, lighters or matches, fireworks, weapons, ammunition, or knives at home. (Exceptions are made only for Mountain Adventure campers that bring a camping knife or multi-tool for their backpacking trip.) Campers must also not bring any electronics to Camp, including radios, Personal Gaming Devices, iPods, **CELL PHONES**, or **TABLETS**. There will be no time for campers to use their cell phones or tablets. If a camper brings prohibited items to Camp, it may result in the camper being sent home. Campers may bring a digital camera if they abide by appropriate use.

Any prohibited items that are brought to Camp and found after the Parents/Guardians leave will be stored in the Camp Office. Paradise Point is not responsible for these stored items if they are lost or damaged.

### **BROWN BEAR STORE POLICY**

Brown Bear is the camp store where campers can purchase snacks and drinks. Campers are allowed to purchase one snack and one drink item each afternoon and will typically spend \$2/day. In addition to snacks, Paradise Point merchandise is available in Brown Bear and range in price from \$5-\$35 (sweatshirts, water bottles, stuffed animals, etc.).

For PLCA campers, please bring cash or load money into your camper's Brown Bear account online through the UltraCamp platform. You will have the option of receiving change back or donate any remaining money.

### **DIRECTIONS TO PARADISE POINT FROM HIGHWAY 55**

- Heading north into McCall on Highway 55 (North 3<sup>rd</sup> Street in McCall)
- Turn right onto Deinhard Ln at the traffic light
- Turn left at S Samson Trail (stop sign)
- Continue onto Spring Mountain Ranch Blvd
- Turn right at Lick Creek Road (stop sign) and continue ~2 miles
- Slight left onto Eastside Drive at the fork (look for Paradise Point's sign to point the way)
- Continue 3.5 miles to Camp (pass Camp Morrison, Camp Ida-Haven and Tamarack Condominiums) Entrance to Paradise Point is on the left 1 mile after pavement ends