



- ❖ **Face Mask(s)**
- ❖ **Fleece jacket, pullover, or sweatshirt** - It WILL be COLD! We will even encounter sporadic snow while hiking!
- ❖ **Rain jacket or poncho** -a lightweight, waterproof (not water resistant) jacket with a hood is best
- ❖ **5 to 6 shirts** - athletic shirts made from synthetic, wicking, or quick-drying material are preferred to cotton; **1 long sleeve shirt** - for layering with short sleeve shirts
- ❖ **2 to 3 pairs of pants and 1 to 2 pairs of shorts** - choose pants that allow a wide range of motion
- ❖ **7 pairs of socks, 7 pairs of underwear, and pajamas**
- ❖ **Swimsuit** - to wear under a wetsuit during whitewater rafting
- ❖ **Shoes** - 2 to 4 pairs
 - Hiking boots** (or athletic shoes with traction, closed toes, good support, and a secure fit. *Break in your hiking shoes before you arrive in Colorado; your feet will thank you!*)
 - Camp shoes/shower shoes** (for hanging out on site, e.g. tennis shoes, sport sandals, Crocs, etc.)
 - Sandals** (During whitewater rafting, bare feet will NOT be an option. You can wear sandals that have a strap behind your ankle (no flip flops), or an old pair of tennis shoes; just know that they WILL get soaking wet.)
- ❖ **Wool or fleece hat and gloves or mittens** - for chilly nights and mornings
- ❖ **Hat with a brim** (At Duncan Park's elevation, the sun is much closer than in Texas. You will appreciate this portable "shade" very much!), **lip balm sunscreen, regular sunscreen, and sunglasses**
- ❖ **Small backpack** (for day hikes and excursions), **a reusable water bottle** (32oz., wide-mouth water bottle or an empty Gatorade bottle works, too), and a **headlamp or flashlight** (plus extra batteries)
- ❖ **Toiletries** - toothpaste, floss, small bottle of unscented lotion, shampoo, etc. (www.tsa.gov for flight size regulations)
- ❖ **Optional – bible; camera** (w/zip-lock baggie or padded carrying case), **wrist watch, fishing pole and gear, bandana**

Duncan Park provides: Linens, Pillows, Blankets, and towels

Purchasing gear is NOT NECESSARY to participate, but if you want to add to your adventure closet, may we recommend:
www.rei.com www.rei.com/outlet www.campmor.com www.wholeearthprovision.com

- ❖ **Do not bring:** drugs, alcohol, or tobacco products; firearms, knives, or fireworks; laptop computers; or hair dryers, curling irons, etc.
- ❖ **Items that will be labeled with your name and kept in a secure, locked box during camp:** cell phones, iPods, tablets, game devices, and other electronics

You may bring electronics for the plane rides and during the drive to Duncan Park, but once you arrive at camp, we want you to focus on nature, God, and each other with minimal distractions. Plus, Duncan Park is outside of cell phone coverage anyway and has no internet connection. There is a satellite phone on site to place outgoing calls in case of an emergency. Incoming calls should be directed to the Camps & Conferences office in San Antonio at (888/210) 824-5387. Rob Watson, Executive Director of Camps and Conferences, can contact Duncan Park if you have an urgent message for your camper from 9:00 AM to 5:00 PM, Monday to Friday. Outside of these hours, Rob can be reached at home via his cell phone at (210) 837-2788.

We are so excited about Sr. High Adventure Camp at Duncan Park and hope you are, too. If you have ANY questions, please do not hesitate to contact me, and I will reply as soon as I am able.

Peace,
Jody Davis, Duncan Park Director

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DP Landline: 720-608-0792