# Two Sentinels Tag Packing List

- Pack for both warm and freezing weather. Two Sentinels is at an elevation of 8,000 ft. It's usually warm during the day but can be cold at night. Rain is likely and snow is a (rare) possibility.
- Pack in something soft-sided that you can carry to your unit unaided (do not expect to wheel a bag).
- Pack sleeping bag, sleeping pad, and extra blanket in a separate stuff sack or bag.
- Label everything with first and last name.
- No framed backpacks unless you are backpacking.
- Don't pack in black garbage bags.
- No electronic devices including phones, MP3 players, e-readers, tablets, video games, etc.
- No food, candy, or gum.

**Packs and Sacks**

- ❑ Day pack

**Shelter and Sleeping Gear**

*Tags sleep in a nest area to stay warm. Counselors are always nearby. Gear is kept in the Tag house.*

- ❑ Ground cloth - durable plastic, minimum 6x8 ft
- ❑ Insulating pad - minimum length from shoulder to hip, 1 in thick for warmth/comfort
- ❑ Sleeping bag rated for 20F or lower
- ❑ 1-2 warm blankets - wool or fleece
- ❑ Pillow
- ❑ 1-2 pillow cases
- ❑ Lovey - stuffed animal, blankie, etc.
- ❑ Optional for older Tags: Tent with rainfly

**Eating and Drinking**

- ❑ 1 quart plastic water bottle with screw-on lid

**Essential Gear**

- ❑ Whistle
- ❑ 2-3 sources of light – flashlight, headlamp, etc.
- ❑ Extra batteries + bulbs
- ❑ White shirt or pillow case to silkscreen

**Personal Gear – unscented only, small sizes**

- ❑ Biodegradable soap
- ❑ Moist towelettes
- ❑ Toothbrush and toothpaste
- ❑ Chapstick
- ❑ Shampoo and conditioner
- ❑ Comb/brush
- ❑ Hair ties/bands/pins/barrettes
- ❑ Nail clippers
- ❑ Contact lenses or glasses + a backup
- ❑ Sunscreen – SPF 30 or above
- ❑ Insect repellent – up to 30% deet
- ❑ Deodorant/antiperspirant
- ❑ Tissues
- ❑ 1-2 washcloths
- ❑ 1-2 bath towels
- ❑ 1-2 beach towels
- ❑ Prescription medications

**Clothing**

- ❑ Hat with brim
- ❑ Cap for warmth – fleece or wool
- ❑ 2 or more bandanas
- ❑ 8-10 short-sleeved shirts/tank tops
- ❑ 4-6 long-sleeved shirts
- ❑ 3-4 warm long-sleeved sweaters or sweatshirts
- ❑ Warm jacket
- ❑ Waterproof jacket or poncho – with hood
- ❑ Pair of gloves or mittens
- ❑ 14 or more pairs underwear
- ❑ 3-4 pair shorts or capris
- ❑ 6-8 pairs pants
- ❑ 3+ pair pajamas – more if a bedwetter!
- ❑ 2 swimsuits – wetsuits also work great
- ❑ Pull ups – if needed
- ❑ 20 pairs socks – yes really
- ❑ 3 pair sturdy shoes or boots – with laces
- ❑ Water shoes

**Nice to Have**

- ❑ Watch – remember, no cell phones
- ❑ Chemical hand/foot warmers
- ❑ Emergency space blanket
- ❑ Camera – remember, no cell phones
- ❑ Pencil/pen/permanent marker
- ❑ Journal
- ❑ Letters/postcards – pre-addressed & stamped
- ❑ Books – for quiet time
- ❑ Sunglasses
- ❑ Boots for rain/snow/mud
- ❑ Slippers/slip on shoes for night time biffy run
- ❑ Car seat or booster – if your child requires a car seat due to age or size, please bring it for transportation to day trips