

YOUTH PACKING LIST

Recommended packing lists vary by language, program, and season.

CLOTHING

Bring enough of these to last for one-week or two-week sessions:

- _____ Socks
- _____ Underwear
- _____ Pajamas
- _____ T-shirts
- _____ Pants/shorts
- _____ Sweatshirt
- _____ Jacket
- _____ Hat with sun-protecting brim
- _____ Bathing suit
- _____ Shoes that cover and protect the foot
- _____ Summer sandals
- _____ One set of dress clothes (optional)
- _____ Rain gear
- _____ Breathable bag in which to store dirty clothing

LINENS

- _____ Twin-sized sheets (Twin XL for Arabic, Italian, and Korean)
- _____ 3 blankets (bunk-bed size) or open sleeping bag
- _____ Pillow and pillowcases
- _____ Sleeping bag for those going on overnight excursions

HYGIENE & HEALTH

- _____ Shampoo, conditioner, body wash
- _____ Toothbrush and toothpaste
- _____ Bath towel
- _____ Personal toiletries
- _____ Disposable/reusable masks (one-week supply in case of wildfire smoke)
- _____ Hand sanitizer (key chain, travel size)
- _____ Shower sandals
- _____ Shower caddy
- _____ Lip balm and hand lotion
- _____ Sunscreen (at least SPF 30)
- _____ Insect repellent (non-aerosol; approx. 30% DEET)
- _____ Reusable water bottle

MEDICATIONS

You do not need to bring common, over-the-counter medications. See your health form for a list of medications at your village.

- _____ Daily medication to last the entire stay
- _____ Medication in original containers

*Medication with labels in other languages should be translated to English before arrival

PERSONAL ITEMS

Items that may come in handy during your session

- _____ Books in the village language
- _____ Cultural clothing
- _____ Water shoes
- _____ Hiking boots
- _____ Sunglasses
- _____ Flashlight with extra batteries
- _____ Camera
- _____ Stationery, notebook, stamps, writing utensils
- _____ Backpack

HIGH SCHOOL CREDIT ONLY

- _____ Notebooks (3)
- _____ Folders (3)
- _____ Pens, pencils
- _____ Felt-tipped colored markers
- _____ Ruler
- _____ 10-20 plastic sheet protectors
- _____ 3-ring binder

TIPS

The villages do not have laundry facilities; therefore, you need enough clothing to last your entire stay. Four-week villagers will have a chance to do laundry once offsite, halfway through the session.

Mark your clothing and items with your name.

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LANGUAGE VILLAGES

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