Camp St. Charles Packing List (2 weeks)

# Camp St. Charles is not responsible for your child’s belongings.

**Labels help us to get items back to your child.**

# Clothing

 Crocs, Pool Shoes or other Covered Toed Shoes (**no flip flops or open toed sandals**)

 Tennis/gym shoes (2 pair, old)

 T-shirts (14)

 Shorts (7+ pair)

 Underwear (16)

 Sleepwear (2)

 Bathing suits (2+ modest one piece only, trunks for boys)

 Swim Shirt/Rash Guard (optional, recommended for those sensitive to sun)

 Socks

 Hat/Visor

 Rain jacket/poncho

 Jeans/long pants

 Sweatshirt/long sleeve shirt

 White Tee shirt for tie dye (optional)

# Toiletries

 Soap/Body Wash

 Shampoo/Conditioner

 Toothbrush and Toothpaste

 Hair brush/Comb

 Shaving Bag/Mesh Bag or Basket

 Sun Block

 Insect Repellent

\_\_Contact Lens supplies (if applicable)

**Linens**

 Mesh or Cloth Bag for Dirty Laundry

 Sheets and Blanket (twin size)

\_\_ PILLOW and pillowcase

 Towels (2-3)

 Wash cloth or Mesh Sponge (2)

 light robe, towel wrap or cover up for shower time (showers are near but not inside cabins)

# Other Items

 Trunk or Footlocker or Large Tote (Sturdy enough to sit or stand on)

 Lock for trunk (combination locks are recommended, letter locks are great for younger campers)

\_\_\_flash light

# Other Items (optional but fun!)

 Goggles for pool

 Baseball/Softball Glove

 Fishing Rods and Tackle

 Disposable Camera

 Stationary, postcards, stamps, address Labels and/or address book

 deck of cards, books

 Small battery powered fan (no rechargeable fans)

 individually wrapped snacks (avoid items that may melt in the heat, drinks may be packed but will not be refrigerated at camp) snacks are provided twice daily at camp.

# Items that are NOT permitted at Camp St. Charles

NO Cell phones, ipods, electronic games and other electronics or cash.

NO weapons, fireworks, alcohol, cigarettes, drugs or other hazardous items.

No expensive items.

**Medications**

All medications must be turned in with the camp nurse upon arrival. Please do not pack medications in camper’s belongings. Most common OTC medications are stocked at camp, parents give permission on the medical forms for our medical professional to administer medications.

Medications must be kept in their original packaging and be administered according to the label. No pill organizers, etc.