

Rocky River Ranch Class Information 2022

Sessions 1, 3, 4, & 6

9:00 am

Archery
Baking
Challengers (5th grade +)
Crafts
Dance
Farm Animal Fun
Horseback Riding (Level 3/4)
Painting
River Sports
Sewing: Clutch & Key Chain
Sport-A-Day
Synchro Swimming
Yarn Girls

10:00 am

Archery
Baking
Challengers (5th grade +)
Cheers & Chants
Crafts
Diving Galore & More!
Doll Making
Farm Animal Fun
Horseback Riding (Level 2)
Miniatures
River Sports
Sewing: Clutch & Key Chain
Tennis
Ukulele

11:00 am

9G+
Anything Goes
Archery
Baking
Challengers (5th grade +)
Diving Galore & More!
Doll Making
Drama
Equine Bonding
Horseback Riding (Level 1)
Miniatures
River Sports
Sewing: Clutch & Key Chain

Sessions 2 & 5

9:00 am

Archery
Baking
Climbing Wall/ Rappelling
(5th grade +)
Crafts
Dance
Doll Making (1st week)
Farm Animal Fun
Horseback Riding (Level 3/4)
Miniatures (1st week)
Painting (2nd week)
River Sports
Screamer/Crate Stacking
(5th grade +)
Sewing: Shirt Making
(Inter./Adv.)
Sport-A-Day
Synchro Swimming (Beg./ Inter.)
Yarn Girls (2nd week)

10:00 am

Archery
Baking
Climbing Wall/ Rappelling
(5th grade +)
Crafts
Farm Animal Fun
Horseback Riding (Level 2)
Mind Benders
Miniatures (1st week)
Painting (2nd week)
River Sports
Screamer/Crate Stacking
(5th grade +)
Sewing: Shirt Making (2nd week)
(Inter./Adv.)
Sewing: Clutch & Key Chain (1st
week)
Synchro Swimming (Inter./Adv.)
Tennis
Ukulele 101
Yarn Girls

11:00 am

9G+
Anything Goes
Baking
Climbing Wall/ Rappelling
(5th grade +)
Doll Making (2nd week)
Drama
Equine Bonding
Horseback Riding (Level 1)
Miniatures (1st week)
Mind Benders
Painting (2nd week)
River Sports
Screamer/Crate Stacking
(5th grade +)
Sewing: Clutch & Key Chain
Water Aerobics
Yarn Girls (1st week)

Class Descriptions

9G+ Learn, play, and hone your skills in active and fast-paced games: Ga-Ga, 9-Square, murbles, sprout ball and more! All ages and abilities welcome.

ANYTHING GOES Together the class chooses from a list of activities. Vote on fun things to do such as crafts, games, snack making, etc. Anything goes!

ARCHERY Bows and arrows aimed at the targets down range! In this class girls will learn archery basics and improve upon existing skills. They will play fun games each day and get lots of practice for the tournament at the end of the week!

BAKING Girls will learn baking techniques and tips as they get their hands messy baking lots of tasty treats!

CHALLENGERS Love a challenge? This class rotates through Climbing Wall, Rappelling, the Screamer and Crate Stacking - each day a new challenge! Must weigh at least 75 lbs and be going into 5th grade or older. This class is offered in Sessions 1,3,4 and 6.

CHEERS & CHANTS

For the enthusiastic girls who want to learn basic cheers and chants. This class will be our camp spirit leaders and “pump us up” with new team chants and cheers in class and all around camp. Offered in Sessions 1,3 4 and 6.

CLIMBING WALL/RAPPELLING Challenge yourself climbing up and rappelling down in this duo class. Alternate between the climbing wall and natural rappelling cliff to hone your skills on belay! Try different routes on the wall and learn scaling and bounding on the cliff for an extra challenge. This class is for girls at least 75 lbs in 5th grade or older and is offered in Sessions 2 and 5.

CRAFTS This class is for makers who want to unleash their creativity on several hands on projects during the week.

DANCE Learn steps for different types of dance (such as ballet, ballroom, jazz, hip hop, etc.) and practice for an end-of-session performance.

DIVING GALORE & MORE! Jump, dive and splash! Learn different dives, tricks, and games in this fun pool class. This class is for girls who can't get enough of the pool!

DOLL MAKING Learn and use hand sewing techniques to create your own unique Rocky River doll.

DRAMA Learn dramatic techniques as you rehearse for the end-of-session performance. The drama staff chooses a script and the girls try out for different roles at the beginning of the week. Open to all skill levels with lots of opportunity to learn. For those who want to be involved behind the scenes, we will have some tech roles too. (This class meets both weeks of 2-week sessions.)

EQUINE BONDING This class is for those wanting to create a loving connection with horses by hands on learning in a ground lesson environment. Each camper will have one 50 min riding lesson during the week, but primarily this class will learn about horses from the ground up. This class is available to any age, and all levels.

FARM ANIMAL FUN Pet and care for our goats, donkeys, and our crazy chickens. We will learn a bit about farm animal care and have fun with some adorable animals.

HORSEBACK RIDING

This class is focused on learning about horses from the ground up. Our riding lessons focus on western equitation, safe seat, voice cues, and gentle reigning through lessons and games. *Space in these classes is limited and cost an additional fee of \$30/wk.*

LEVEL 1: This class is for those with no previous riding experience.

LEVEL 2: This class will work on riding skills for those with minimal riding experience. Those who have taken one beginner class, gone on a trail ride, ridden at a friend's house. This class is for girls who are comfortable around horses, but need to build a stronger base of knowledge on basic skills.

LEVEL 3/4: This class is for riders who have had two or more years of summer riding classes, takes lessons, owns/leases a horse, or have regular riding opportunities throughout the year. We will work with multiple skill levels in this class, but all riders need to be comfortable at controlling an intermediate level horse independently, and have at least some experience at a trot. Riders in this class will ride in a large arena, not on lunge line or in a round pen.

MIND BENDERS Mind games, card tricks, illusions and more. Have fun with your friends while solving puzzles and stretching your mind.

MINIATURES Learn how to create teeny-tiny objects for a tiny room you'll love to take home and display.

PAINTING Create your own masterpiece! Learn about painting techniques, composition and art history as you express yourself in this class. Your painting will be part of the gallery displayed on closing day.

RIVER SPORTS We've combined all of the river favorites into one class! Enjoy the Blanco River as you try things like kayaking, paddle boarding, log rolling, fishing, venturing up or down river, snorkeling, and rock hunting!

SCREAMER/CRATE STACKING Put on a harness, get clipped in, and be pulled up to swing from up to 40 feet high on our giant swing, the Screamer! The next day try different strategies to stack plastic crates and climb on them as high as you can. Teamwork makes these elements possible as campers pull each other up the Screamer and support the crate stacker as a team. This class is for girls in 5th grade or older and is offered in Sessions 2 and 5.

SEWING: CLUTCH AND KEY CHAIN Learn sewing machine basics and practice your skills by making a clutch bag and a key chain to take home. All levels welcome. We will send an email closer to the summer with a supply list to bring to camp.

SEWING: SHIRT MAKING (INT./ADV. SEWERS)

Use your sewing machine skills to sew a shirt. You will have the freedom to make it unique- choose from a variety of patterns, then add your own touches. This class is designed for intermediate/advanced sewers. We will send an email closer to the summer with a supply list to bring to camp. Offered in Sessions 2 and 5.

SPORT-A-DAY Learn about and play a different sport each day. Basketball, volleyball, tennis, soccer, and sprinkler kickball - just to name a few.

SYNCHRONIZED SWIMMING You'll learn sculling, breath control and water ballet moves. You will also learn and practice a routine to perform during the end of session performance. (This class meets both weeks of 2-week sessions.)

TENNIS All levels welcome as you learn, practice, and perfect your tennis skills!

UKULELE 101 In this class girls will be taught Ukulele basics while having fun. All levels of musicians are welcome! Ukuleles will be provided by RRR for the girls to learn and practice while here.

WATER AEROBICS This is for girls who love the pool and fitness. Spend time doing aerobic exercises in the pool!!

YARN GIRLS Learn the basics of knitting, crocheting or embroidery as well as expand skills you already have. Complete a project at your own pace while you visit with friends and learn skills that will last a lifetime!

NEW FORMAT FOR SUMMER 2022

Morning classes will be individualized and 5:00 class will be done with cabin groups. Girls will make their own choices at 9:00, 10:00 and 11:00 and cabins will rotate through the activities below in the 5:00 hour.

BRACELET MAKING

Create a variety of friendship bracelets using different patterns and materials. From string bracelets to beaded bracelets, everyone can make a bracelet for a friend!

SWEET DECORATING Become familiar with decorating tools, bags, tips & exploration into different styles of sugar masterpieces.

IMPROV Cabins will practice the basics of improv acting and play improv games, as well as getting to be silly on stage. There will be lots of laughs as they learn accents and perform fun skits.

POOL A special time for the cabin to have the pool all to themselves! Girls will swim, dive, slide and play games with just their cabin mates.

RANDOM ACTS OF KINDNESS

Kindness is our language here at RRR. Girls will work together on a project to serve the ones around them.

LAND OF THE TRIPLE R

All things RRR! Group discussions and activities geared around independence, empowerment, respect, stewardship and camp history.