



Summer Packing List

www.SoundViewCamp.com

Suggested Packing for a Week of Onsite Summer Camp

Required - All Sessions

- **Sound View Health Form** - Completed and Signed
- **Camper's Medications** in original containers (to be administered by camp first aid staff)
- **Sleeping Bag**, down or synthetic insulation recommended
- **Personals**: toothbrush, tooth paste, comb/brush, shampoo, soap, feminine hygiene products (if necessary)
- **Towels** (2)
- **Sunscreen**
- **Footwear #1**: sneakers or hiking shoes
- **Footwear #2**: extra pair of sneakers, hiking shoes, or sturdy sandals
- **Jacket** or windbreaker
- **Heavy Shirt**, sweater, sweatshirt or insulated jacket - wool or synthetic recommended

Good Things to Have

- **Pillow and Pillow Case**
- **Flashlight** or Headlamp, batteries
- **Insect Repellent**
- **Bible**, Old and New Testament, preferably in an easy to read translation
- **Writing Kit**, pen, pencil, journal, notebook
- **Envelopes**, addressed and stamped
- **Plastic Garbage Bags**, for everything you need to keep dry or separate
- **Camera**, probably a cheap one...
- **Musical Instrument**, if you enjoy playing

Horse Campers

- **Long Pants**
- **Shirt** needs to hang below your waist
- **Boots** 1" or more heel, smooth sole

Additional Clothing

With all clothing items remember to think camp! Old, durable clothes that are easy to move and relax in are best... new and fancy clothes will probably not be new or fancy when/if they get home!

- **Underclothes** (5-7 sets at least)
- **Socks** (5-7 pairs at least)
- **T-Shirts** or Tank Tops
- **Shorts** (2-4 pairs, preferably not lightweight cotton)
- **Long pants** (2+ pairs)
- **Extra Heavy Shirt**, sweater, sweatshirt or insulated jacket
- **Rainy Day outfit**
- **Swim Suit**, modest, covering most of the torso for girls, no speedos for the boys
- **Warm Pajamas**
- **Shower Sandals**

More Packing Tips

- If Mom and Dad are helping pack, be sure to include your camper in the process so they know what they have throughout the week!
- Write your name on everything!
- Sports equipment should be reported at check-in in case special storage is needed.

Please Do Not Bring

- **New, Nice or Fragile Clothes**
- **Fireworks or Weapons** of any kind
- **Pets**
- **Valuables**, jewelry, etc.
- **Money**, all food, snacks, and t-shirts are included in the cost of camp
- **Electronics**, MP3 players, cell phones, music players, video games, etc.
- **Alcohol** or controlled substances

For More Info: (253)884-9202 or www.SoundViewCamp.com