Camp Wesley Woods 2015 Day Camp Parent's Guide

Check-In & Check-Out

Location

The camp is located in Townsend, Tennessee, about a forty-five minute drive from Knoxville. Driving directions are attached.

<u>Check-In</u>

Check-in for Day Camp is Monday through Friday at 8:30am. Please do not arrive early as our staff will not be available until this time to supervise campers.

As a way of helping campers understand the importance of caring for others and as a way for the camp to contribute to the local community, we're asking each camper to bring one canned food item (soup, vegetable, etc.) with them to check-in on Monday. These items will then be collected and donated to a local food pantry.

Check-Out

Camper pick up is at 4:45pm each day except Friday. Parents who do not pick up their child by 5:30pm will be charged a \$50 supervision fee. If someone other than the parent is picking the child up, we must have written permission from the parent in advance.

On Friday afternoon a brief closing program for campers and their families begins at 2:00pm. Immediately after the closing program, campers can be checked out. Please use the line on the health form to alert the camp of any early check-out.

Transportation

Transportation for day camp is available each day from West Knoxville and Maryville. The cost is \$25 per week, per camper. The West Knoxville pick up location is Cokesbury Center on Kingston Pike, across from Cokesbury United Methodist Church. The Maryville pick up location is First United Methodist Church on Montvale Station Road, across from Maryville Junior High School. Pick up from Maryville is 8:00 am and drop off is at 4:45. Pick up from Knoxville is 7:30 am and drop off is 5:30. Please note that return transportation on Friday is NOT provided. Parents must pick up their child on Friday at Camp Wesley Woods following the closing program at 2 p.m.

Health & Wellness

Health Care

The camp has licensed health care professionals onsite at all times to provide care in the case of illness or injury. Normally, we will not contact parents if children receive minor injuries such as

a skinned knee that can be effectively treated by our staff. If a camper has an injury or illness that requires offsite care or will require treatment following camp, our healthcare staff will contact the parents. In emergency situations we will attempt to contact parents first, but we will not withhold treatment if a parent can't be contacted.

Health Form

All campers must have a completed and signed 2015 Health Form. Campers without current health forms will not be allowed to stay at camp. These forms must be mailed to the camp <u>one</u> <u>month prior</u> to the camp session to allow us to review them and prepare for any special needs. Incomplete or unsigned forms cannot be accepted.

Health Screening

At check-in on Monday our staff will conduct a health screening of all campers. Campers who have a fever, show obvious signs of illness or who have recently been exposed to communicable illness will not be allowed to stay at camp.

Medication

All medications, both prescription and over-the-counter, must be turned into our health care staff at check-in. All medications must be in their original containers. Our health care staff will keep the medications in a secure location and will provide campers with their medications as needed. Campers do not need to bring common over-the-counter medications such as Tylenol, Ibuprofen, etc. Our health care staff can provide these medications on an as needed basis.

Illness at Camp

The camp does not have the facilities to provide long term care for campers. Campers who become ill at camp (fever, vomiting, etc.) will be sent home and parents will be responsible for providing transportation.

Food

The camp offers campers nutritious, well balanced meals. In addition to our main menu, options such as cereal or salad bar are available at most meals. If a camper has a special dietary need please let us know on the health form. To promote the health of campers, the camp does not allow campers to bring or receive snack foods, candy, or sodas.

Homesickness

Almost everyone leaving home for a new environment experiences some uneasiness. Such feelings are normal and usually pass quickly for most children. Our staff have been trained to help campers deal with any separation anxiety they may experience at camp. Parents play a key role in helping prevent homesickness. Have children practice time away from home by visiting friend or family member's home. Parents should also display confidence and enthusiasm regarding the child's upcoming experience. Parents are discouraged from telling children they can call home from camp. Our experience is that such phone calls usually increase homesickness.

Camp Community

Behavior

Campers are expected to behave in a manner consistent with the camp's goals of providing a safe, positive, and respectful Christian community. While staff will work with campers to handle minor disciplinary problems, the camp does reserve the right to send any camper home whose behavior is consistently inappropriate. Any direct threat or actual physical harm to one's self or others will result in a camper being sent home immediately.

Electronic Equipment

Campers should not bring and will not be allowed to use any portable electronic devices including cell phones, iPods or laptops at camp. A significant aspect of the camp experience is being away from these distractions. In addition, cell phone use is also prohibited to help maintain the safety and security of campers. Any electronic equipment brought to camp will be taken from campers and held by the camp management until check-out. Cameras will be permitted.

Prohibited Items

The camp strictly prohibits any weapons, alcohol, tobacco products or illegal drugs. Prohibited items will be confiscated and campers will be sent home immediately for bringing these items to camp.

<u>Clothing</u>

As a Christian camp we expect clothing to be modest and to not be offensive or make others feel uncomfortable. Clothing also needs to be safe for wear in our active program. Items that are inappropriate include:

- Clothing that contains alcohol, tobacco or drug related logos or graphics
- Halter tops, tube tops or shirts with exposed backs
- Clothing that is sheer and can be seen through
- Short skirts or mini-skirts
- Exposed midriffs
- Exposed underwear
- Two piece bathing suits that are too revealing (one piece suits are preferred)
- Open toed shoes such as sandals, shower shoes, crocs, etc. (except in the shower house, pool, etc.)
- Dangling chains from pockets, wallets, etc.
- Spiked bracelets and collars

Visitors

To protect the safety and security of campers, the camp limits visitors while camp is in session. Parents, family members, and friends should not plan to visit campers during the week.

Camp Store

The camp has a store which offers a wide range of camp clothing and gift items. Campers should not bring money to camp, however, as the store will not be open during the camp session. The store will be open during check-out on Friday.

Communication

Photo Gallery

Through Bunk1.com, we offer an online photo gallery of pictures from camp updated regularly. Parents are able to view the photos at no cost and will have the option to purchase any of the photos. Parents will receive information on this service at check-in.

Telephone

The camp does not provide campers access to phones to make or receive phone calls. Phone calls disrupt the program, can promote homesickness, and distract campers from fully engaging in the camp's activities. To avoid disappointing campers, parents should not tell them they can call home from camp.

Email Newsletter

By signing your child up for camp, you are also adding yourself to our email newsletter subscription list. This email is sent out monthly and provides updates about the events at Wesley Woods. If at any point you would like to unsubscribe from this mailing list, you can do so by using the link at the bottom of any of our email newsletters.

Contact Information

If parents have questions or need to contact camp, please call (865) 448-2246. Our normal office hours in the summer are 9:00am to 5:00pm. You can also reach us by e-mail at camp@campwesleywoods.com.

What to Bring

The following list includes items campers should bring to camp. Please remember that campers will be very active and should wear clothes that are comfortable, durable, and easily replaced if lost or damaged. Any item of significant value should be left at home. To ensure the health and safety of all campers the camp staff may inspect campers' bags and hold items that are inappropriate at camp.

Required:

- ____ Bathing suit
- ____ Towel
- ____ Rain jacket/Poncho
- ____ Water bottle

Day pack/book bag
Bible
Optional:
Insect repellant
Sunscreen

Driving Directions

Camp Wesley Woods 329 Wesley Woods Road Townsend, TN 37882

From Knoxville:

- Interstate 40 to U.S. 129 (Alcoa/Airport exit)
- At Townsend/Maryville split keep left towards Townsend and the Smoky Mountains
- Continue through Alcoa and Maryville for approximately 12 miles
- At Walland (as you enter mountains look for Wesley Woods sign on right) turn left on East Millers Cove Road
- Go across bridge and stay right
- Wesley Woods is approximately 4.5 miles on the left

From West Knoxville:

- Interstate 40 to Interstate 140 South, Pellissippi Parkway (Exit 376)
- Interstate 140 South to U.S. 129 (Exit 11)
- At Townsend/Maryville split keep left towards Townsend and the Smoky Mountains
- Continue through Alcoa and Maryville for approximately 12 miles
- At Walland (as you enter mountains look for Wesley Woods sign on right) turn left on East Millers Cove Road
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From Johnson City, Greenville & Morristown:

- Interstate 40 to U.S. 66 (Exit 407)
- U.S. 66 to Boyd's Creek Road
- Right on Boyd's Creek Road
- Stay on Boyd's Creek Road, which turns into U.S. 441, to Maryville
- Left on U.S. 321
- Stay on U.S. 321 through Maryville toward Townsend (The Smokies)
- At Walland (as you enter mountains look for Wesley Woods sign on right) turn left on East Millers Cove Road
- Go across bridge and stay right
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From Chattanooga:

- Interstate 75 to U.S. 321 (Exit 81)
- Stay on U. S. 321 through Maryville toward Townsend (The Smokies)
- At Walland (as you enter mountains look for Wesley Woods sign on right) turn left on East Millers Cove Road
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