



West Coast Tzeirei Hashluchim Winter Camp

Parent's Handbook

Chayus • Chassidishkeit • Fun • Warmth

Parent's Handbook

A Letter from Your Directors

Dear Tzeirei Hashluchim Parents,

Recognizing the need for our children to get together in a Chassidishe camp atmosphere with fellow Tzeirei Hashluchim, we are pleased to offer the California Tzeirei Hashluchim Winter Camp.

We continue to commit ourselves to making this program accessible to every young shliach on the West. An immense amount of resources and work is being invested by the Coordinating Committee to accommodate THWC at Camp Max Strauss with the best of fun, safety, and experienced staff.

Our exceptional staff, aim to provide a safe, warm, uplifted, Chassidishe atmosphere, where campers can have a lot of fun, and learn an appreciation of what it means to be a Shliach and Chossid.

We view our staff and the parents as two integral partners of a team. Together we work together to bring out the best in your child's experience; physically, socially and spiritually. Please free to contact us with any questions or comments throughout the program.

Please review this handbook so you will be familiar with the procedures and policies of our camp.

Yours Truly,

Rabbi Zalmy & Shterna Kudan | 805.636.5085 | rabbizalmy@myganisrael.com Rabbi Mendel & Rochel Loschak | 805.896.7265 | rabbi@jewcsb.com Camp Directors

Rabbi Simcha Backman | 818.618.4335 | rabbi@chabadcenter.org Rabbi Shloimy Bistritsky | 818.807.7275 | shlomo@att.net Rabbi Nachman Abend | 818.355.1680 | rabbi@chabadnh.com Administrative Committee

Table of Contents

A Letter from Your Directors	2
Table of Contents	3
About Our Program	4
General Information	4
Campsite	4
Food	4
Your Child's Safety	5
Supervision	5
Arrival	5
Departure	6
Emergencies	6
Contact Camp	7
Camper Rules & Consequences	7
Consequences	7
If a camper forgets to follow the above rules, the following consequences will be observed in order	7
A Note on Bullying	7
Goals and Outcomes	8
What to Send to Camp	9
Boys Packing list Error! Bookmark new	ot defined.
Girls Packing list Error! Bookmark no	ot defined.
Loss Prevention	9
Girls Dress Guidelines	10
What NOT to send to camp	10
Frequently Asked Questions	12
How does my camper find lost items?	12
Can my camper bring precious items to camp?	12
How can I speak with my child's counselor?	12
How can I speak with my camper?	12

About Our Program

General Information

- 1. Tzeirei Hashluchim Winter Program provides children of Shluchim grades 3-8 with a fun, camp feeling in a warm, Chassidishe environment.
- 2. Campers are encouraged to participate in all activities to promote unity in the group. Exceptions are made if an activity is medically not advisable.
- 3. Learning classes will be geared towards exploring the beauty of Yiddishkeit, Chassidishkeit and Shlichus.

Campsite

 Camp is located at the 112-acre campus of Camp Max Strauss, located in the majestic Verdugo Mountains in Glendale, California is equipped with airconditioned and heated cabins, boasts activities such as ropes courses, archery, rock climbing, swimming, basketball, volleyball, soccer, baseball and unparalleled wilderness adventures and hiking trails. It is located a mere 10 miles from Burbank, Airport, 15 miles from Downtown Los Angeles and 30 miles from Los Angeles International Airport.

Food

- Food will be prepared by our camp cook. We believe that nutritious and tasty food makes happy and engaged campers. Every attempt will be made to ensure your child is well-fed.
- 2. Please indicate on the registration form if your child has a specific dietary need of any type.





Your Child's Safety

Supervision

- Campers will be under the care of experienced counselors (18 years or older, Post Sem Girls, 770 Bochurim). Our ratio of supervising staff is at a minimum of 1:9 staff:camper ratio.
- 2. Rabbi Zalmy & Shterna Kudan and Rabbi Mendel & Rochel Loschak will be living at camp and be available to the staff and campers as needed.
- Rabbi Zalmy will serve as the Health Supervisor in camp. Staff will be trained in basic First Aid. A doctor in Glendale, California will be on call if needed r"l. EMS is minutes away.

Arrival (Check Camp Dates on TzeireiHashluchimCamp.com)

- 1. By Car:
 - a. Monday at 12:00 Noon
- By Plane (PARENTS MUST FILL OUT A FLIGHT INFORMATION FORM ONLINE AT www.tzeireihashluchimcamp.com):

FLIGHT TIMES

- a. LAX Monday between 8:00am-10:00am
- b. Burbank Airport Between 8:00am-12:00pm
- 3. Campers arriving after 1:00pm by car, or flights scheduled outside of the above window must have prior arrangements made with the Camp Director.
- 4. Camp Staff will greet campers and help with luggage placement and direction.
- 5. Lunch will be served in dining hall to campers and parents/drivers after luggage is placed in the designated location.
- 6. Health Supervisor (Rabbi Zalmy) will be on hand to collect any medications and/or electronics, etc.
- LICE NOTICE: Every girl camper will be checked for lice by our staff upon arrival. Only "Nit-Free" campers will be allowed into camp. Camp has contracted with a treatment specialist if we c"v find any cases.

Departure (Check Camp Dates on TzeireiHashluchimCamp.com)

- 1. By Car:
 - a. Monday at 12:00 noon
- 2. By Plane (PARENTS MUST FILL OUT A FLIGHT INFORMATION FORM ONLINE AT www.tzeireihashluchimcamp.com):
 - a. LAX Monday between 8:00am-10:00am
 Burbank between 8:00am-12:00pm
- 3. Campers who will be departing outside of the designated flight times must have prior arrangements made with the camp director.
- 4. Lunch will be served in dining hall to campers and parents/drivers.
- 5. Health Supervisor (Rabbi Zalmy) will be on hand to return any medications and/or electronics, etc.
- 6. Please ensure that you check through the lost and found and retrieve all your camper's belongings.

Emergencies

- In case of any medical incident requiring more than basic first aid, the parents/guardians will be immediately notified. If we cannot reach the parents, the emergency contact on file will be notified.
- 2. Rabbi Zalmy will serve as Health Supervisor and First Aider. After any incident or injury, parents will receive an ouch or incident report via email.
- Parents may be asked to pick up their child from camp if the Health Supervisor deems it necessary. Reasons may include fever, rash, suspected contagious disease, lice, or any injury that requires more than first aid. (HW.10.1)
- For ways to contact camp in case of an emergency, please see the "Contact Camp" section in this handbook.
- 5. For a copy of our Emergency Plan, please email rabbizalmy@myganisrael.com



Contact Camp

- Counselors and other staff may be reached by emailing rabbizalmy@myganisrael.com. Place the name of the staff member in the subject.
- Camp's phone number is 805-275-4083. Staff will not be available to talk during camp hours as they are supervising the children. The Directors should be called in case of an emergency. Rabbi Zalmy's cell phone is 805-636-5085. Rabbi Mendel's cell phone is 805-896-7265. Text Messaging either Rabbi Zalmy or Rabbi Mendel is an effective mode of communication.
- 3. You can email a camper by logging into your ultracamp account and clicking "Email a Camper" on the left side. Emails will be distributed daily during lunch.

Camper Rules & Consequences

- 1. Respect
 - a. Campers
 - b. Property
 - c. Staff
- 2. Follow directions from ALL staff members
- 3. Always Stay with bunk

Consequences

If a camper forgets to follow the above rules, the following consequences will be observed in order.

- 1. Warning
- 2. One-Minute "TIME BREAK" watching the rest of the group follow the rule correctly.
- 3. Five-Minute "TIME BREAK" watching the rest of the group follow the rule correctly.
- 4. Discussion with Head Counselor/Director Parent Tele-Conference

A Note on Bullying

 We are committed to making camp a safe place for every single camper. Campers who bully other campers will be taken out of camp activities until a conversation has been held with parents and a behavioral plan is formed.

Goals and Outcomes

- 1. To give the campers an added Chayus in Yiddishkeit.
 - a. Campers will Daven and Bentch together as a group with song and enthusiasm.
 - b. Campers will participate in Farbrengen and Shabbos meals, replete with camp songs and niggunim.
 - c. Campers will develop connections with bochurim/girls who are a dugma chaya of Chayus in Yiddishkeit.
- 2. The campers will further their Hiskashrus to the Rebbe.
 - a. Campers will learn about the special relationship the Rebbe has with children and Shluchim, through pictures, videos, niggunim and stories.
- 3. The campers will learn Chassidishe behaviors and ideals.
 - a. Campers will participate in learning classes that explore Chassidishe ways to behave and daven.
 - Camp's rules and values are based on the basic tenets of Ahavas Yisroel and Derech Eretz.
 - c. Campers will see in their staff members how Chassidishe bochurim/girls lead a life with proper behavior and ideals.
- 4. Campers will have a fun time.
 - a. Campers will participate in a wide variety of camp activities and trips.
 - Campers will be challenged in activities that build self-confidence and self-esteem.
 - c. Campers will learn at least one new skill while at camp.
- 5. Campers will experience the warmth of being part of a "Camp Family".
 - a. Campers will live together as a 'bunk' for a week.
 - b. Campers will play and learn together within the camp guidelines of derech eretz and ahavas yisroel.
 - Staff will facilitate activities that engage the campers as a team and build the family feeling.

What to Send to Camp

Boys Packing list

CLOTHING	SUNDRY
7 Sport Shirts	Chitas
2 Dress Shirts	Siddur
7 Pairs of Long Pants	Toothbrush
1 Shabbos Suit	Toothpaste
8 Sets of Underwear	Shampoo
8 Pairs of Socks	Sunscreen
1 Pair Shabbos Shoes	Athletic Supplies
1 Pair of Sneakers	Flashlight
2 Pairs of Pajamas	Extra Batteries
1 Winter coat	Extra Yarmulke
1 Bathing Suit	Tallis Katan
1 Swimming Shoes	Laundry Bag
1 Face Towels	Face Soap & Container
1 Bath Towel	1 Blanket or Sleeping Bag
1 Heavy Sweater	1 Set of Linen
Hat (Bar Mitzvah)	1 Pillow
	Tefillin (Bar Mitzvah)

Girls Packing list

	CLOTHING	SUNDRY
	7 Skirts*	Chitas
	9 Tops	Siddur
	2 Shabbos Outfits	Toothbrush
	9 Sets of Underwear	Toothpaste
	9 Pairs knee hi	Shampoo
soc	ks/tights*	Sunscreen
	1 Pair Shabbos Shoes	Flashlight
	1 Pair of Sneakers	Extra Batteries
	2 nightgowns (1 warm)	Laundry Bag
	1 Winter coat	Face Soap & Container
	1 Bathing Suit	1 Pillow
	1 Slippers/crocs Important!	1 Set of Linen
	1 Face Towels	1 Blanket or Sleeping Bag
	1 Bath Towel	1 Heavy Sweater

Loss Prevention

All items sent to camp, must be marked with the camper's full name and phone number. Although we will do our utmost to prevent loss of belongings, camp cannot take responsibility for any loss. **Please do not send items of great value to camp.**

Girls Dress Guidelines

- 1. Please note the following guidelines for proper camp attire:
 - a. All Shirts should properly cover collar bones and elbows at all times, even when moving.
 - b. All skirts should cover the knee PROPERLY even when sitting (Short skirts worn with socks have proven to cause a lack of Tznius as it is very hard to prevent a gap between the skirt and top of socks. We suggest that girls wear longer skirts because short skirts will only be allowed to be worn with tights.)
 - c. Tznius nightwear is expected in the bunk house at all times. PLEASE do not send other items.
 - d. No leggings with short socks will be allowed.
 - e. No nail polish is allowed in camp. Please make sure that your daughter does not come to camp wearing any or bring any to camp.
 - f. Your help in preparing while packing with your child, saves future embarrassment of being asked to change in middle of camp.

What NOT to send to camp

- 1. Camp cannot take responsibility for personal property brought to camp.
- Cell phones do not allow campers to participate in camp activities and are not allowed in camp. Campers who will be traveling with cell phones <u>should give</u> <u>their Cell Phones and any other electronic devices</u> to the Camp Director before camp starts, and they will be returned at the end of the session.
- If campers bring iPods, cell phones, or any other expensive item to camp, and they are brought out while camp is in session they will be confiscated and returned to the parents at the end of the session.
- Personal property that in any way becomes disruptive to the camp routine will be confiscated and returned at the end of the session. This includes, but is not limited to video games, kindles, games, etc.
- 5. Weapons or any dangerous instruments including any knives, may not be brought on camp property.



Tzeirei Hashluchim Winter Camp

Frequently Asked Questions

How does my camper find lost items?

 Please mark all belongings with your child's name. This is very important since many items are identical and individual items are difficult to identify without a label. Lost & Found items will be placed in the marked bin in the office.

Can my camper bring precious items to camp?

 Campers should not bring cell phones, ipods, head phones, expensive toys, etc. to camp. Tzeirei Hashluchim Winter Camp supplies everything campers will need for each day's activities. See What Not To Bring To Camp, page 10.

How can I speak with my child's counselor?

- 1. The best way to communicate with camp is a text to Rabbi Zalmy 805.636.5085 or Rabbi Mendel 805.896.7265.
- A call to the directors will answer most questions. Since counselors are constantly supervising groups and activities, messages will be taken. Please leave your name and evening phone number and the counselor will return your call as soon as possible.
- Staff can be emailed anytime to rabbizalmy@myganisrael.com. Please leave the name of the staff member/bunk in the subject to help us route the email to the correct staff member.

How can I speak with my camper?

- A large part of the success of overnight camping is the ability to become part of the "Camp Family" and turn to your counselor and fellow campers for support. As such, structured communication with parents is essential.
- 2. Campers will have the opportunity to call home before Shabbos.
- 3. Parents can email a camper any time from your registration account.
- 4. If you need to call your camper please call the camp office at 805.275.4083 and we will make sure to put you in touch with your child at the next opportunity.





Tzeirei Hashluchim Winter Camp

Parent's Handbook



Tzeirei Hashluchim Winter Camp 805.636.5085 info@tzeireihashluchimcamp.com

Campsite Address: 1041 Shirlyjean Street, Glendale, CA 91208

www.tzeireihashluchimcamp.com