



# JULY 26-29, 2015 FAMILY CAMP



family camp is ~~good~~. **GREAT!**

joshua 24:15

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# FAMILY CAMP SCHEDULE

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## SUNDAY

- 4:30–6:15 pm Check-in  
Lake Fun: swimming, zip line, water slide,  
aqua park, kayaking, canoeing,  
catch & release fishing
- 6:30 pm Dinner at The Lodge
- 7:30 pm Opening Celebration at The Lodge
- 8:45 pm Wagon Rides / Campfire & S'mores

## MONDAY

- 7:45 am Breakfast at The Lodge
- 8:30 am Morning Devo
- 9:00–10:30 am Horse Rides / Hiking  
Free Time at The Lodge
- 10:50 am–12:15 pm Couple Session 1 at The Lodge  
Games for Kids at The Upper Room
- 12:45 pm Lunch at The Lodge
- 1:30–3:00 pm Giant Swing & Climbing Tower
- 3:15–4:45 pm Lake Fun
- 4:45 pm Free Time / Change for Dinner
- 5:15 pm Dinner at The Creekside
- 6:15 pm Family Session 1 at The Creekside
- 7:15 pm Family Relays
- 8:00 pm Board Games at The Lodge  
Campfire & S'mores

## TUESDAY

- 7:45 am Breakfast at The Lodge
- 8:30 am Morning Devo
- 9:00–10:30 am Horse Rides / Hiking  
Free Time at The Lodge
- 10:50 am–12:15 pm Couple Session 2 at The Lodge  
Games for Kids at The Upper Room
- 12:45 pm Lunch at The Lodge
- 1:30–3:00 pm Leap of Faith
- 3:15–4:45 pm Lake Fun
- 4:45 pm Free Time / Change for Dinner
- 5:15 pm Dinner at The Creekside
- 6:15 pm Family Session 2 at The Creekside
- 7:15 pm Family Skits (3 to 5 min per family)
- 8:00 pm Board Games at The Lodge  
Campfire & S'mores

## WEDNESDAY

- 7:45 am Breakfast at The Lodge
- 8:30 am Family Session 3 at The Lodge
- 9:30 am Break
- 10:00–10:45 am Cardboard Boat Regatta Construction
- 11:00–11:30 am Cardboard Boat Regatta  
at Spring Valley Lake
- 11:30 am Change for Lunch / Break  
Check Out of Rooms
- 12:15 pm Lunch at The Creekside  
Trophy Presentation & Closing
- 1:30 pm Camp Ends



PHOTOS available on SmugMug!  
[http://deerrunphotos.smugmug.com/2015/  
Overnight-Camps/2015-Family-Camp/](http://deerrunphotos.smugmug.com/2015/Overnight-Camps/2015-Family-Camp/)

Purchase prints, keepsakes or downloads.  
Or share via social media or email.

85% of purchase price goes into the Deer  
Run MISSION 42:1 Scholarship Fund.

> **Please silence cell phones during sessions.**



# FAMILY CAMP WHAT TO PACK



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- A great attitude — expecting great things to happen and to have a memorable and fun experience!
- Bible plus pen and notebook for sessions
- Casual clothing & athletic shoes or hiking boots for recreational activities
- Swimsuit, sunscreen, beach towel and waterproof shoes for lake fun
- Insect repellent and rain gear
- Fishing equipment: poles, tackle and bait
- Flashlight and extra batteries
- A camera/phone to capture memorable moments

#### **Requirement for Wet Willie Water Slide**

Swim suits cannot have zippers, grommets or metal of any kind since the slide is made from parachute-like material. Also, no jewelry can be worn on the slide. There is a 250 lb. weight limit on the slide.

Lifejackets are provided by Deer Run and are required for everyone swimming or canoeing/kayaking regardless of swimming ability.

#### **Requirement for Horseback Riding**

Long pants or jeans plus athletic shoes or hiking boots. No sandals or flip flops.

#### **Requirement for Climbing Tower**

Long pants or modest length shorts plus athletic shoes. No sandals or flip flops.

#### **COSTUMES, INSTRUMENTS, PROPS FOR FAMILY SKIT**

Plan your family's 3 to 5 minute funny skit in advance! Bring any costumes, instruments or props needed.

#### **BIKES, SCOOTERS, SKATEBOARDS**

You may bring bikes, scooters or skateboards. Bring appropriate safety equipment: helmets, knee pads, etc. Children must be supervised by an adult while riding. Use extreme caution on the steep hills.

#### **FISHING**

Fish in Spring Valley Lake include large mouth bass, catfish, hybrid striped bass, carp and bluegill.

Catch and release bank fishing only. No fishing from the docks or in the swim area.

A limited supply of fishing poles and tackle (hooks & sinkers) plus bait are available for purchase at the Camp Store by The Creekside Dining Facility.

#### **WHAT NOT TO BRING**

- chewing or bubble gum which damage property
- alcoholic beverages, illegal drugs, firearms or fireworks
- anything of value; Deer Run is not responsible for lost or stolen items.

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NOTE: Lodge room amenities include free Wi-Fi, pillow top mattress, plush towels, alarm clock/radio with sound machine, hair dryer and basic toiletries.



# FAMILY CAMP SPEAKER

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Amy & Bill Chastain

## BILL CHASTAIN

Bill received his first Master's Degree from the University of Kentucky in Sociology with an emphasis in Child and Family Studies. He attended Trevecca Nazarene University in Nashville to receive his second Master's Degree in Counseling.

While starting a family and living in Nashville, Bill was a therapist in a local community mental health center in the Comprehensive Child Abuse Program. He later became employed at Vanderbilt Child and Adolescent Psychiatric Outpatient Clinic. Also during this time he was a contract therapist at Christian Counseling Services and was an Adjunct Professor at a local community college as well as Belmont University.

For several years, Bill led regional seminars for divorcing parents called, "Children Coping with Divorce." He and his wife, Amy, facilitated marriage conferences for local churches as well as Fall Festival of Marriage through Lifeway.

In 1998, Bill, his wife and their three young children moved to Knoxville where they still reside; only now, learning to relate to adult children. For ten years Bill worked with the Tennessee Baptist Children's Homes where he became the upper East Tennessee Director. While here, he began a family preservation ministry, meeting with families in crisis.

In 2008, Bill began his own non-profit ministry called Relational Healing Ministries. He now journeys with individuals, couples, families and children as they go through difficult seasons in their lives.

At one point, Bill would have been proud of his accomplishments and placed his confidence in his education and experience. But through his own journey of brokenness and redemption, he, like Paul, has learned that all of this is "loss compared to the surpassing greatness of knowing Christ."