

ASTHMA ACTION PLAN AND MEDICATION ADMINISTRATION AUTHORIZATION FORM

for Youth Camps in Maryland

Maryland Department of Health (MDH)
Office of Healthy Homes and Communities
(410) 767-8417 or 1-877-4MD-DHMH ext. 8417

Please complete both pages of this form if the child has an inhaler or other asthma-related medication

1. CHILD'S NAME (First Middle Last) _____ 2. DATE OF BIRTH (mm/dd/yyyy) _____

3. PEAK FLOW PERSONAL BEST: _____

4. ASTHMA SEVERITY (check one): Mild Intermittent Mild Persistent Moderate Persistent Severe Persistent Exercise Induced

5. ASTHMA TRIGGERS (check all that apply): Colds Exercise Animals Dust Smoke Food Weather Other _____

Section I. ASTHMA ACTION PLAN

6. THIS ASTHMA ACTION PLAN SHALL BE EFFECTIVE FOR AND MEDICATION SHALL BE ADMINISTERED during the year in which this form is dated in 9b unless more restrictive dates are specified in 6a and 6b. This authorization is NOT TO EXCEED 1 YEAR.

GREEN ZONE - DOING WELL		6a. FROM (mm/dd/yyyy)		6b. TO (mm/dd/yyyy)	
You have ALL of these	Medication Name	Dose	Route	Frequency	OK to Self-Administer
Breathing is good No cough or wheeze Can walk, exercise, & play Can sleep all night If known, peak flow greater than _____ (80% personal best)					<input type="checkbox"/> Yes <input type="checkbox"/> No
Exercise Zone					
<input type="checkbox"/> Prior to all exercise/sports <input type="checkbox"/> When the child feels they need it					<input type="checkbox"/> Yes <input type="checkbox"/> No
YELLOW ZONE - GETTING WORSE		6a. FROM (mm/dd/yyyy)		6b. TO (mm/dd/yyyy)	
You have ANY of these	Medication Name	Dose	Route	Frequency	OK to Self-Carry
Some problems breathing Wheezing, noisy breathing Tight chest Cough or cold symptoms Shortness of breath Other: _____ If known, peak flow between _____ and _____ (50% to 79% personal best)					<input type="checkbox"/> Yes <input type="checkbox"/> No
Emergency Medication					
					<input type="checkbox"/> Yes <input type="checkbox"/> No
RED ZONE - MEDICAL ALERT/DANGER					
You have ANY of these	Medication Name	Dose	Route	Frequency	OK to Self-Administer
Breathing hard and fast Lips or fingernails are blue Trouble walking or talking Medicine is not helping (15-20 mins?) Other: _____ If known, peak flow below _____ (0% to 49% personal best)					<input type="checkbox"/> Yes <input type="checkbox"/> No
Emergency Medication					
					<input type="checkbox"/> Yes <input type="checkbox"/> No

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Page 2 of 2

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CHILD'S NAME (First Middle Last)

DATE OF BIRTH (mm/dd/yyyy)

Section II. PRESCRIBER'S AUTHORIZATION

8. PRESCRIBER'S NAME/TITLE

This space may be used for the Prescriber's Address Stamp

TELEPHONE

FAX

ADDRESS

CITY

STATE

ZIP CODE

9a. PRESCRIBER'S SIGNATURE (Parent/guardian cannot sign here)

9b. DATE (mm/dd/yyyy)

(original signature or signature stamp only)

Section III. PARENT/GUARDIAN AUTHORIZATION

I request the authorized youth camp operator, staff member or volunteer to administer the medication or to supervise the camper in self-administration as prescribed by the above authorized prescriber. I certify that I have legal authority to consent to medical treatment for the child named above, including the administration of medication at the facility. I understand that at the end of the authorized period an authorized individual must pick up the medication; otherwise, it will be discarded. I authorize camp personnel and the authorized prescriber indicated on this form to communicate in compliance with HIPAA

10a. PARENT/GUARDIAN SIGNATURE

10b. DATE (mm/dd/yyyy)

10c. INDIVIDUALS AUTHORIZED TO PICK UP MEDICATION

10d. HOME PHONE #

10e. CELL PHONE #

10f. WORK PHONE #

Section IV. AUTHORIZATION FOR SELF-ADMINISTRATION / SELF-CARRY (OPTIONAL)

THIS SECTION SHOULD ONLY BE COMPLETED IF ANY MEDICATIONS IN THE ASTHMA ACTION PLAN ABOVE ARE APPROVED FOR SELF-ADMINISTRATION. Self-carry is only permitted for emergency medications such as inhalers and epinephrine. Both the prescriber and the parent/guardian must consent to self-administration below. However, youth camp operators are not required to permit self-administration or self-carry.

I authorize self-administration of all of the medications listed in Section I: Asthma Action Plan above that are checked as "OK to self-administer" or "OK to self-administer and self-carry" for the child named above under the supervision of the youth camp operator, a designated staff member or volunteer. If indicated in Section I: Asthma Action Plan, the child named above may self-carry emergency medications checked as "OK to self-administer and self-carry."

11a. PRESCRIBER'S SIGNATURE FOR SELF-ADMINISTRATION/SELF-CARRY

11b. DATE (mm/dd/yyyy)

12a. PARENT/GUARDIAN'S SIGNATURE FOR SELF-ADMINISTRATION/SELF-CARRY

12b. DATE (mm/dd/yyyy)

Section V. CAMP MEDICAL STAFF USE ONLY

Camp Medical Staff Notes:

Reviewed by:

DATE (mm/dd/yyyy)

MDH-4758-C (01/2019)

Please turn over - this form has 2 pages with four total sections

Keep for 3 Years