CAMP HARVEST

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CAMPER INFORMATION GUIDE

Welcome Friends!

Thank you for sending your student to spend a week at Camp Harvest. We seek to provide a great week filled with fun for your student – and create an environment for the campers to connect with God in meaningful ways, cultivate lifelong relationships, and experience adventure in God's creation. We look forward to joyfully serving campers as they make memories that will be cherished for a lifetime.

About Camp Harvest

Camp Harvest is our extraordinary year-round camp. Ministering to families, adults, and students of all ages, the camp is located in Newaygo, Michigan, on the shores of Croton Pond. Camp Harvest is a special place for those who are hungry to focus on their relationship with the Lord. Camp sessions for all ages incorporate personal time in God's Word, worship that lifts high the name of Jesus, teaching from the Scriptures, and relational opportunities with others who are seeking to know Him more.

Our year-round facilities include 26 winterized cabins, two bath houses, and a teaching/dining facility for groups up to 260. In 2013, we opened a new swim area "the water park" that includes a blob, rope swing, two water slides and a 600' zip line. Since then, we have added new upgrades such as a new Camp Store area, upgrades inside the Dining Hall upstairs and downstairs, an iceberg in the water park, and a pristine camp outdoor area.

CAMP SAFETY

Camp Harvest is firmly committed to the health and safety of every staff member, volunteer and camper. We are regulated and licensed by the State of Michigan and are inspected on a regular basis. Camp Harvest staff attend a comprehensive camp orientation training, and undergo a rigorous application and interview process with background checks. Camp staff are trained on camp activities, CPR/Lifeguard, waterfront safety, child protection, camp policies and procedures.

Water safety is our greatest concern, and we take every precaution to assure the well-being of the campers around the water. Every staff member and all campers receive waterfront safety instructions and participate in a waterfront drill every week to prepare them in the event of an actual emergency.

Extreme weather conditions may present during a week of camp. Staff is trained on what to do in a weather emergency. During extreme weather campers will be moved to the basement of the lodge.

Everyone in camp participates in a fire drill within the first 24 hours of their stay.





Medication/Health Officers

Camp Harvest has a certified health officer or registered nurse for every week of summer camp. All camper medication must be turned in to the health officer/nurse who will dispense meds, as well as administer basic medical care. 'Medication' is any substance a person takes to maintain and/or improve their health. This includes vitamins, natural remedies, over the counter medications, and essential oils. Please send all medications in their original pharmacy containers with labels which show the camper's name and how the medication should be given. Provide enough of each medication to last the entire time the camper will be at camp.

If a camper's injury requires a doctor's visit or emergency room care, the hospital is a short drive from the camp property. If the injury requires immediate medical treatment, the Croton Fire Department/EMS service is only minutes from the camp property.

Camp nurses and other medical personnel volunteer and use their vacation time to serve at Camp Harvest and we deeply appreciate them. If you or someone you know are an RN, nurse practitioner, physician assistant, or physician and would like to help out for a week at Camp Harvest, please contact us at campharvest@cultivateministry.org.





GENERAL INFORMATION

Camp Harvest 6829 East 72nd Street Newaygo, Michigan 49337



Camp Harvest Phone Numbers

(231) 652-8020 — Camp answering machine in case of emergency

(616) 279-1675 — Cell number of Camp Director, Jake Forquer

(847) 242-1609 — Cell number of Operations Director, Garen McConnell

Communication between campers and parents is not allowed during a camp week except in the case of an emergency.

Camp Harvest Memberships and Affiliations

Member in good standing with Christian Camp and Conference Association (CCCA). Member of Association for Challenge Course Technology (ACCT) standards.

Camp Mail

We do have mail call daily. You can send mail with your student's name to the Camp Harvest address. Please provide adequate time for delivery to avoid mail after they have departed.

Canteen and Camp Store

Camp Harvest offers two options for shopping and snacking. During most meals, the camp store, located in the dining room, will be open for the purchase of Camp Harvest merchandise. For extra snacks, the canteen will be open during the evening at Courtside. For your convenience, cash, credit cards, and Canteen Account are all accepted.

Packing for Camp

Bedroll: Sleeping bag, pillow, blankets/sheets

We discourage campers from packing these items in a plastic garbage bag. Instead, we prefer that they purchase a nylon drawstring laundry bag.

Suitcase/duffel bag should contain:

Bible, pen, toiletries, towel (1 or 2 for beach and bath), one-piece modest swimsuit, clothing for 5 days, 2 pairs of shoes, sweatshirt or jacket, rain gear (poncho), sunscreen, insect repellent, flashlight, a mask or bandana, and a plastic bag for wet/dirty clothing. Optional: camera, rainy day cabin games/activities.





COVID-19 POLICY FOR CAMP

Camp Harvest response to covid-19

- Establish and continue communication with local and state authorities to determine current mitigation levels in our community.
- Protect and support staff, guests, and their families that are at high risk for severe illness.
- Follow the CDC's supplemental guidance on the operation of Camps with Food Service operations.
- Ensure that any other community groups or organizations that use our facilities also follow the CDC guidance.
- Follow the Michigan Department of Health and State of Michigan's Licensing and Regulatory Affairs guidelines.

Camp Harvest has developed a plan to reopen at 50% occupancy that will:

- 1. Ensure proper healthy hygiene practices.
- 2. Provide adequate supplies to support healthy hygiene behaviors.
- 3. Be responsible for intensifying cleaning, disinfecting and ventilation of buildings.
- 4. Ensure social distancing, and mask wearing whenever possible.
- 5. Monitor for COVID-19 signs & symptoms.
- 6. If needed, provide quarantine housing for campers and staff.
- 7. Train all staff in the above safety actions, ensuring social distancing is maintained.

Any questions about our policy or plan can be addressed to Jake Forquer, Camp Director. jake@cultivateministry.org or (616) 279-1675

RULES OF CAMP HARVEST

- 1. No guys in girls cabins and no girls in guys cabins at any time for any reason.
- 2. No alcohol, drugs, tobacco or any sort of pornography.
- 3. Respect others people's property.
- 4. No pranks or "raids". This will not be tolerated as it causes a breakdown to our value of community.
- 5. No weapons of any kind, such as air soft, knives, guns, spears, numb chucks, and razor blades, etc.
- 6. No assaults or battery. Wrestling/horseplay/hazing activities of any kind or threats of harm.
- 7. Do not draw, write or carve on camp buildings, equipment or natural surroundings. Any destruction of Camp Harvest property is vandalism and is unacceptable. Any person(s) determined to have destroyed camp property will be sent home and will be charged for damage.
- 8. No electronic media (i.e. Cell phones, DVDs, IPODs, etc.). Devices must be left at home or turned in to your leader for safe keeping before arriving at camp.
- No pets allowed at camp. The only exception are certified service animals.
- 10. No gas lanterns, candles, or fireworks allowed at camp.
- 11. Shoes must be worn at all times unless participating in waterfront or water park activities.
- 12. Guy's shirts must be worn at all times unless participating in waterfront or water park activities.
- 13. All medications must be turned in to the Health Officer/Nurse.
- 14. Lights out at 11:00 pm.

Violation of these rules will result in disciplinary actions which may include but are not limited to being sent home.

FOOD SERVICE:

- · Camp is responsible for providing 3 meals a day.
- Approximate meal times: breakfast at 8 am; lunch around noon; and dinner around 5:30 pm.
- All meals are served buffet and/or family style.
- Camp Harvest is a peanut and tree nut free facility.
- Special dietary needs will be handled by the cooking staff under the direction of the camper's authorized person or authorized physician.

Menus have been approved by a licensed nutritionist.

CAMP MENU: Subject to change

Day One

Lunch: Chicken Sandwich, Mac & Cheese, Salad Bar, Cookie

Dinner: Pasta Bar: Linguini, Marinara Sauce, Alfredo Sauce, Meatballs, Mixed Veggies,

Garlic Toast, Salad Bar, Chocolate Cake

Day Two

Breakfast: French Toast, Sausage Links, Assorted Cereals, Breakfast Bar

Lunch: Chicken BLT Wraps, Curly Fries, Salad Bar, Cookie

Dinner: Grilled Hamburger, Baked Beans, Corn on the Cobb, Salad Bar, Peach Cobbler

Day Three

Breakfast: Scrambled Eggs, Bacon, Biscuits, Gravy, Assorted Cereals, Breakfast Bar

Lunch: Hot Dog, Chili Sauce, Chip Variety, Salad Bar, Cookie

Dinner: Grilled Chicken Fajitas, Grilled Bell Peppers/Onions, Refried Beans, Spanish Rice,

Salad Bar, Cinnamon Rolls

Day Four

Breakfast: Pancakes (Choc. Chip & Reg.), Sausage Links, Assorted Cereals, Breakfast Bar

Lunch: Pulled Pork Sandwich, French Fries, Salad Bar, Brownie

Dinner: Pizza, Oven-Roasted Broccoli with Real Grated Parmesan Cheese, Salad Bar,

Apple Crisp with Whipped Topping

Day Five

Breakfast: Cheesy Egg Bake, Bacon, Assorted Cereals, Breakfast Bar

Lunch: Walking Taco Sack Lunch, Whole Fruit Choice, String Cheese, Rice Krispy Treat, Pudding

Cup, Water Bottle

All dine-in meals come with lemonade, water, iced tea, or juice. Breakfast Bar and Salad Bar will be available for 2020 on a modified basis with no self-service. The following are breakfast/salad bar options which do include some vegan foods.

*Breakfast Bar: Donut Holes or Muffins, Cereal/Granola Bars, Oatmeal, Fresh Fruit, Bagels,

Cream Cheese, Yogurt Bar, Granola, Hard Boiled Eggs

*Salad Bar: Lettuce Mix, Croutons, Sunflower Seeds, Dried Cranberries, Celery,

Cucumbers, Cherry/Grape Tomatoes, Broccoli, Hummus, Cauliflower,

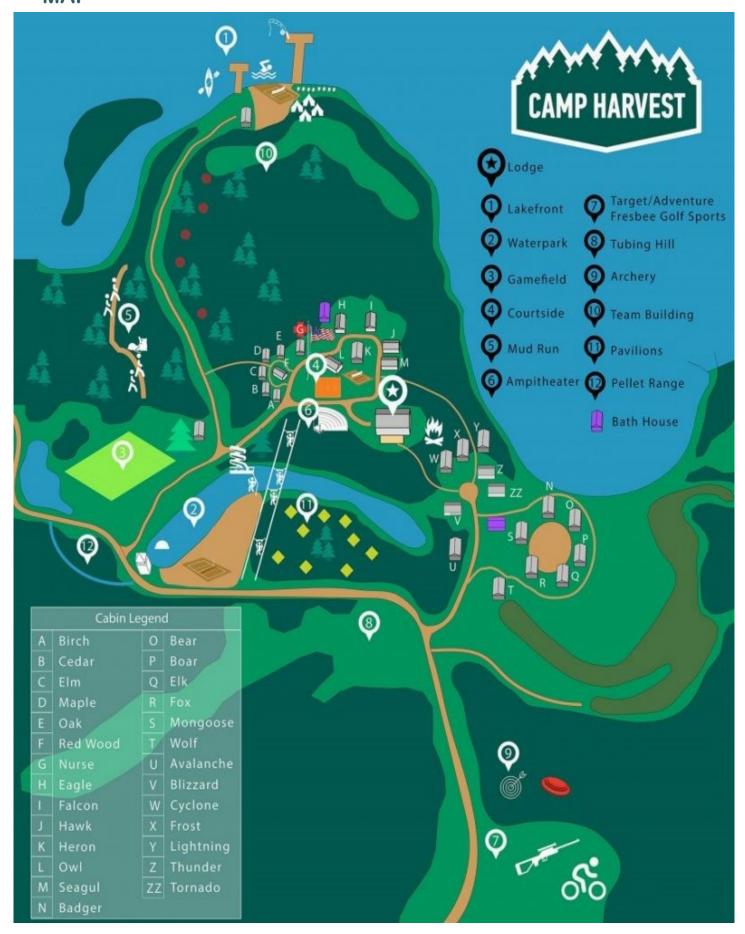
Carrots and assorted Homemade Salads



SCHEDULE

Program weeks may be modified to have a unique schedule designed to compliment the target age group and ministry. Camp runs on Eastern Standard Time. Arrival time to camp is typically 12:00 PM and departure from camp is 2:00 PM for most camps.

SUMMER CAMP WEEK	
(5.1	
(5 days / 4 Nights)	
Day 1	
12:00 PM	
1:00 PM	Lunch
2:00 PM	Mandatory Camp Orientation
4:30 PM	Free Time
5:30 PM	Dinner
6:30 PM	Evening Activity
11:30 PM	Cabin Lights Out
Day 2, 3, and 4	
8:00 AM	Counselor Meeting
9:00 AM	Breakfast
10:00 AM	Morning Activities
12:00 PM	Lunch
1:00 PM	Cabin Rest Time
2:00 PM	Water Park or Waterfront
5:00 PM	Dinner
6:00 PM	Evening Activities
11:30 PM	Cabin Lights Out
Day 5	
8:00 AM	Counselor Meeting
9:00 AM	Breakfast
10:00 AM	Session or game
11:30 AM	Lunch
2:00 PM	Departure





GLOSSARY OF CAMP HARVEST TERMS

Canteen Account: A cash-free charge account that provides spending power at our Canteen and Camp Store for food, clothing items, and other souvenirs. Money can be placed in the camper's Canteen Account during the reservation process.

Courtside/Flagpole: The area located by the Upper Cabins. Basketball, four square, and other games are available.

Dining Hall: A part of the lodge, where we will eat our meals

Game Field: The area where all the large group games are played.

Lodge: The large building at the center of camp containing the dining room, meeting space, and game room.

Waterfront: The beach area with swimming, canoeing, sand play and paddle boats.

Water Park: This area features the blob, iceberg, water slides, and swing. It is located adjacent to the game field.

